# BE LAZY - BE SUSTAINABLE SAVE MONEY, SAVE THE PLANET

SIMPLE, SUSTAINABLE OPPONRTUNITIES TO LOWER ENERGY USAGE

## **FLIP THE SWITCH**



80% of the world's electricity runs on fossil fuels – turn the lights off when you leave the room. It saves energy and money.



# **UNPLUG APPLIANCES**

Even when your TV is off, it's still using electricity. Unplug devices or turn off outlets when you can, or are leaving the house.

# ADJUST THE AC

Turn your AC just *one* degree up in the summer, or down in the winter. Making the AC work less hard means less combustion of fossil fuels.







### SKIP THE CAR, TAKE THE SHUTTLE

If you're going shopping, or heading off campus, hop on the shuttle! If you're heading out with friends, try to carpool.

# **LOWER FOOD WASTE**

Only buy what you need at the grocery store. 40% of food in America is wasted, meaning the energy to make that food was wasted. Food scraps can be composted at FGCU's Food Forest.



Cassandra Jordan cassandrajordan Florida Gulf Coast University





Hi Ms. Crawford!

Project Green's 25<sup>th</sup> Daily Challenge is about Energy - energy is something that connects us all and sustains our life. For the Greenest Challenge, I took an energy walk around FGCU. I noticed the solar panels, shuttles, and the stickers on some lights, saying "turn me off." I was inspired to make a poster sharing simple but effective ways for FGCU students to lower their energy usage. Although FGCU relies mostly on solar, our school would still be more efficient if we encouraged lowering our usage in any way, and it would help people develop the habit of being more conservative.

I was wondering if you could help me brainstorm ways to get this poster out - maybe we can print a few fliers out and hang them up, or if you could share it with anyone. Here is the poster:

Thanks,

Cassandra

After taking an energy walk around campus, I was inspired by FGCU's efforts towards conserving energy and knew we could do more. I spent time researching, then contacted FGCU's sustainability coordinator in order to spread the word for FGCU students to be more aware about their energy usage. Florida mostly runs on fossil fuels, so having a school take initiatives in consuming less fossil fuels could spark a change for the world transitioning away from nonrenewable energy.

> Cassandra Jordan cassandrajordan Florida Gulf Coast University