

DAY-19

NAME: NICHETHA.D

CHALLENGE: GREENER

SCHOOL NAME: National Public school, Agara

INSTAGRAM ACCOUNT: [go.greenergy_365](#)

Connecting with fellow participants at PGC has been one of the most inspiring parts of my journey this year. I had the chance to speak with two incredible individuals—one from last year's program and another from this year. Each conversation opened my eyes to the diverse ways young changemakers are approaching environmental and social impact.

I learned why they joined PGC, and what stood out was their genuine passion for creating positive change in their communities. From sustainable initiatives to personal reflections, their stories reminded me that every small action can ripple into something bigger. One thing that inspired me most was how they plan to carry their PGC learnings forward, whether it's through advocacy, community projects, or simply inspiring others around them. Their resilience, creativity, and commitment left a lasting impression on me.

A favorite quote from one of my new PGC friends has stuck with me: *"Change begins with awareness, and awareness begins with connection."* It perfectly captures the spirit of this program—connecting, learning, and acting together.

Through these conversations, I realized that PGC isn't just a program—it's a network of passionate individuals united by the desire to make our world greener, fairer, and brighter.

INSTAGRAM POST (LINK)

POST(1)

https://www.instagram.com/p/DQB3aIFktm3/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

POST(2)

https://www.instagram.com/p/DQB2qn6kthW/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

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CONNECTION

#PGC2025

GODFRED

*PGC2024 CHAMPION
TOWN-MANSO ABOABOSO(GHANA)*

-----SUSTAINABLE GREEN FUTURE FOUNDATION-----
A NGO BY GODFRED

ABOUT GODFRED

Godfred is a thoughtful and encouraging PGC participant with a strong passion for environmental awareness. He has a clear understanding of climate change, emphasizing that while both natural and human causes affect the planet, human-driven actions have the biggest impact. What stands out about him is his belief in the power of small, mindful choices—showing that individual actions, no matter how small, can collectively create meaningful change. He is supportive, positive, and inspires others to take conscious steps toward sustainability.



::GODFRED QUOTE ::

CLIMATE CHANGE? TWO-FOLD LONG-TERM IMPACT ON WEATHER CONDITIONS ARE NATURAL AND HUMAN CAUSE. ANTHROPOGENIC HEAT CAUSE BY HUMAN DRIVE THIS CHANGE THE MOST. TAKING ACTION DEMANDS INDIVIDUALS SHIFT TO CONSCIOUS AND MINDFUL CHOICES SMALL AT A TIME!"

Beyond his personal efforts, Godfred has started an NGO focused on sustainability and climate action, aiming to educate communities and encourage responsible environmental practices. His work demonstrates leadership, initiative, and a genuine commitment to making a difference in the world.

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#PGC2025

NADIEH

FRIEND

I recently had the chance to chat with Nadieh, a true green advocate. She said something that stuck with me: "Protecting our planet isn't just a choice, it's a responsibility, for us and for future generations." 🌱

It made me realize that real change starts with awareness. All we have to do is wake up and change. Every small action counts, and every voice matters. Our conversation reminded me that tackling climate change isn't just about big policies—it's about daily choices, shared inspiration, and connecting with people who care. Let's do our part and inspire others along the way. 🌿

SHE IS A 2025PGC
PARTICIPANT

PLACE: Gonbad kavous
University: Islamic Azad
university

@nadieh.greenjourney



Our conversation was not only inspiring but also heartening. Nadieh's encouragement and openness made it easy to share thoughts, experiences, and ideas. She ended our chat with warmth, saying, "It was so nice to meet you, Nichetha! I really enjoyed chatting with you! Hope we can talk again soon."

had a nice time
talking with you

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to help policymakers fight the issues in the country.

Moving forward, Godfred started the project with a good mentorship from Missy Martin (PGC 2015 champion), Hannah, and Alden Son.

That's very nice Godfred you will always be remembered has a true changemaker

Godfred collaborated again with community leaders, volunteers, and media partners in the project implementation. Within five months, they transformed 900kg of plastics into waste bins and student desks. He also launched the Young Innovative Challenge, which educated over 1,000 students in recycling programmes while educating over 500, 1000 public on national television in different occurrences.

To ensure inclusion in his environmental movement, he recruited and engaged persons with disabilities to mould the bin frameworks and sewed shopping bags from sachet waste.

These made Godfred's recognised as PGC 2024 Champion

PGC has transformed Godfred's nightmare to a tangible community impact!

Carrying the learnings forward, Godfred has registered his club as national NGO after receiving the Acure Grand Prize (\$5,000) to officially carry out his activities in Ghana.

Replied to you

Your story and the reason you have started is something you deserve a appreciation

Thank you 😊

Replied to you

That's very nice Godfred you will always be remembered has a true

Godfred Owusu
godfred8681

View Profile

Hello Godfred Owusu I am Nichetha from PGC2025 and I am really inspired by all the work you have been doing throughout you PGC 2024 journey

I would like to connected with you for Day 19, I would love to get to know you all better by asking a few questions like:
Why did you join PGC?
How has PGC inspired change in your life so far?
How do you plan to carry these learnings forward?

Today 11:46 AM

Replied to you

Hello Godfred Owusu I am Nichetha from PGC2025 and I am really inspired by all the work...see more

Hello Nichetha,
How are you doing? and how are you feeling in the challenge that far?

I am very excited to connect with you, and it's a privilege for me to meet a young change maker like you caring for the planet and people.

First of all, I really appreciate you and how you've been inspired by my journey throughout PGC 2024. I am delighted to highlight some of my experiences with you.

Replied to you

Hello Nichetha,
How are you doing? and how are you feeling in the challenge th...see more

I am doing good
So far in my PGC journey I feel I can bring some chage and hoping to do my best for my planet

Replied to you

I am doing good
So far in my PGC journey I feel I can bring some chage and ho...see more

Wowww! I'm happy to hear this. You're the best and planet

You're always welcome
I wish you all the best 🙏

And please let me know if you need anything else

You replied

You're always welcome
I wish you all the best 🙏...see more

Yaa sure , and thank you once again

Byeeee

Can you give me quote thats shows your meaning towards climate change

Seen 4h ago

Replied to you · Edited

Can you give me quote thats shows your meaning towards climate change

Climate change? Two-fold long-term impact on weather conditions are natural and human cause. Anthropogenic heat cause by human drive this change the most. Taking action demands individuals shift to conscious and mindful choices small at a time!"

Double tap to ❤️

You replied

Climate change? Two-fold long-term impact on weather conditions are natural and human cause...see more

Nice 😊

this change the most. Taking action demands individuals shift to conscious and mindful choices small at a time!"

Double tap to ❤️

You replied

Climate change? Two-fold long-term impact on weather conditions are natural and human cause...see more

Nice 😊

You turned on disappearing messages. New messages and reactions will disappear 24 hours after everyone has seen them. [Change](#)

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