

The image features two thick black L-shaped bars. One is located in the top-left corner, and the other is in the bottom-right corner. They are positioned such that they appear to frame the central text area.

DAY 19
ZAHRA MIRI DIZAJ
UNI: TEHRAN SHOMAL AZAD UNIVERSITY

Link of the video
[our meeting](#)



My new friend PROFILE :

 ALL ABOUT MY FRIEND 	
	NAME: ANAS
	MUHAMMAD 
AGE : 17	SCHOOL
QUOTE : WE NEED EARTH , NOT EARTH!	MADHUPUR SHAHID SMRITY HIGHER SECONDARY SCHOOL
#PGC2025 	HOMETOWN
	TANGAIL ,DHAKA 

What we talked about?!



What we talked about? We discussed the issue of food waste among our friends, and I expressed how it truly frustrates me. Anas responded thoughtfully, acknowledging that as students, we have the power to make our world a better place. Our discussion shifted to climate change and the pressing environmental issues facing our country, Iran. We talked about the severe lack of water. It was a stark reminder of how interconnected these challenges are and how urgent it is for us to take action. We also delved into the Project Green Challenge (PGC) and how it has sparked our interest in environmental activism. Both Anas and I realized that we needed an organization like PGC long before we discovered it. It offers us the perfect platform to channel our passion for sustainability and make a tangible impact.

Things that inspire me about him

- His unwavering motivation for change and making a real difference in the world.

Anas doesn't just talk about environmental issues—he believes in taking action. What sets him apart is his deep belief that the earth doesn't need us; we are the ones who need it. This perspective pushes him to take responsibility and inspire others to protect the planet.

- His open-mindedness and ability to think differently. Conversations with Anas are always insightful. He listens with genuine interest, respects every point of view, and always challenges me to see beyond the surface. His honesty and curiosity make every discussion meaningful and thought-provoking.

- His optimism and determination, even in the face of big challenges. Whether it's Project Green Challenge or any other problem, Anas never loses hope. He stays focused on solutions, reminding me that persistence and a belief in a better future can truly lead to change. His drive and commitment inspire everyone around him to try harder and never give up.

My New PGC Friend



Anas Muhammad

Tangail, Dhaka

**Madhupur Shahid Smrity Higher
Secondary School**

We discussed the issue of food waste among our friends, and I shared how much it frustrates me. Anas responded thoughtfully, saying that as students, we have the power to make a difference. Our talk then shifted to climate change and the severe water crisis in Iran. Anas said something that really stayed with me:

“The earth doesn’t need us; we need the earth.”

It perfectly captured the urgency and truth of our conversation.

We also discussed the Project Green Challenge (PGC) and how it has inspired us to take real action for sustainability. We both felt that we needed something like PGC long before we found it—it gives us the chance to turn our passion into impact.

Things That Inspire Me About Him

- **His unwavering motivation to create real change. Anas doesn’t just talk about environmental issues—he takes action. What sets him apart is his belief that the earth doesn’t need us; we need it. This mindset drives him to take responsibility and inspire others to protect our planet.**
- **His open-mindedness and ability to think differently. Conversations with Anas are always insightful—he listens with genuine interest, respects every view, and challenges me to look deeper. His honesty and curiosity make every discussion meaningful.**
- **His optimism and determination, even when facing big challenges. Whether it’s Project Green Challenge or any other obstacle, Anas never loses hope. He focuses on solutions and reminds everyone that persistence and belief in a better future can truly bring change.**

My friends and their duties

Mon, Oct 20, 2025

Responsible's name: Samam



Responsibility

Organizing a day for campus waste collection

Done date: 27 October

They discussed with me
about the plastics in our
university

Mon, Oct 20, 2025



Responsible's name: Matine

Responsibility

Collecting data and evaluating actions taken

Done date: 28 October

They are
happy
that
they can
help !

Mon, Oct 20, 2025

Responsible's name: Faeze

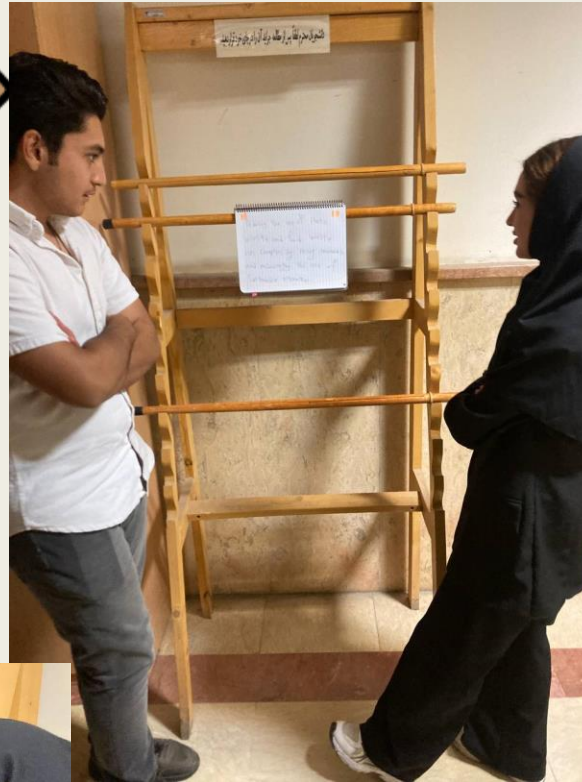


Responsibility

*Education and awareness,
providing a workshop for
students about the harms of plastic waste*

Done date: 7 November

Our meeting



My experience:



After our meeting with friends, discussing the growing plastic problem at our university was truly an eye-opening experience. The enthusiasm they showed for making a change and fulfilling their responsibilities was incredibly inspiring. It reminded me of the power of collective action and how together we can make a significant impact. Each voice matters, and I felt a renewed sense of hope knowing that we are all committed to creating a more sustainable future. Let's turn our discussions into action and be the change we want to see! 🌍 ✨