

Tackling Food Waste

by sustainovators

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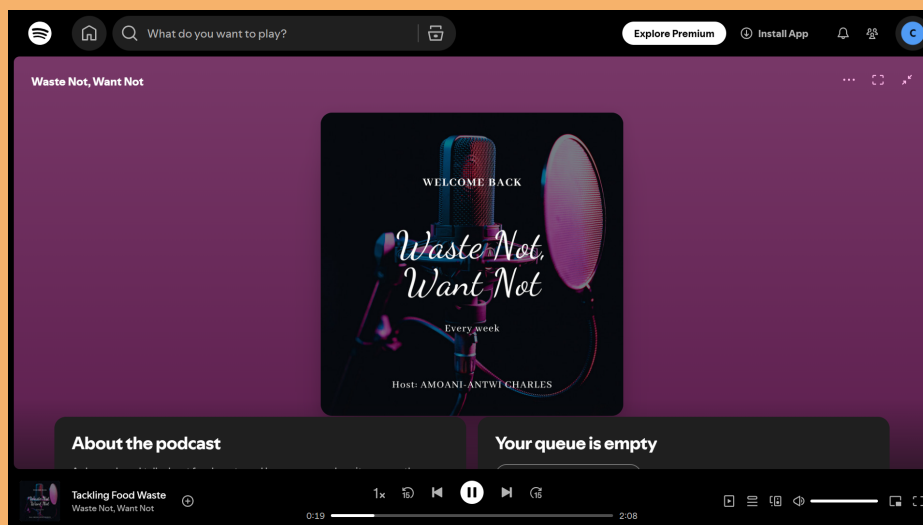
Activity:

I recorded a podcast episode and uploaded it to my spotify podcast channel.

Podcast:

Episode Name: Tackling Food Waste

Screenshot:



LINK: [Here](#)

Script:

Hi everyone, welcome back to Waste not, Want not. It's Charles again from Team Sustainovators. Today, I want to talk about something we see every day but rarely stop to think about — food waste.

Every day, tons of edible food are thrown away in school cafeterias, restaurants, and homes. And while that food goes to waste, many families in our communities still struggle to find their next meal.

When I read about the EPA's Feed It Onward Initiative, I realized this isn't just a Ghanaian problem but a global one. But it's also a problem we *can* solve.

From the WWF Food Waste Warriors toolkit, I learned how schools are turning food waste into compost, tracking how much is wasted, and creating awareness among students. I love that idea because it combines *education*, *data*, and *action*. Here at KNUST, we could start by measuring how much food is wasted in dining halls, and redirect leftovers to nearby shelters or composting projects. Imagine if every campus had a system that fed people instead of landfills!

From the Food Tank stories, I learned that food waste solutions don't need to be high-tech. It starts with awareness: serving smaller portions, donating surplus food, and using technology to connect those with excess to those in need.

My dream is to see KNUST launch a "Feed It Forward" Campus Program, where students, staff, and vendors all take part in reducing waste and feeding communities. Because food isn't just a resource, it's a responsibility.

Together, we can feed more people, save the planet, and make every meal count.



Instagram Post:

