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PGC , day 14, greenest

DIY Product: Oatmeal & Honey Face Mask

Ingredients: Oats, honey, warm water (optional: lavender essential oil)

Packaging: Stored in a regular bowl — simple and reusable

Benefits:

- Gently exfoliates and soothes skin
- Natural antibacterial and hydrating properties
- Safe for all skin types
- 100% eco-friendly, zero-waste recipe

Reflection:

Making this mask showed me how simple and sustainable skincare can be. Instead of buying products with unknown ingredients, I can make something effective using what I already have at home. It's cheaper, safer, and kinder to the environment.

Link to my IG video post -

<https://www.instagram.com/reel/DP1JVSBDCZX/?igsh=MWYwMDkyOGpyZmEx>

Resources -

<https://www.byrdie.com/oatmeal-facial-masks-2442870#toc-oatmeal-face-masks-for-all-skin-types-instant-oatmeal-mask>

