Sasha Gupta green\_dialogues Wheeler High School

PGC Day 14: Greener

## Dove Sensitive Skin Unscented Soap; \$1.59a

- Category: Bar Soap
- Hazard Rating: 2
- Most concerning ingredient: Tetrasodium EDTA and tetrasodium etidronate
  - Ecotoxicology is low, not a significant threat to the environment
  - Irritation to skin, eyes, and lungs is high
- Manufactured in the US, but parent company Unilever does not publicly disclose its ingredient sourcing locations

## Dr. Bronner's All One Hemp Pure Castile Bar Soap; \$4.99

- Majority of the ingredients have a "common" name (e.g., Simmondsia Chinensis (Jojoba) Seed Oil)
- Sourced from various Fair Trade and Regenerative Organic Certified projects around the world
  - Coconut oil from Sri Lanka and Kenya, palm oil from Ghana, olive oil from Palestine and Israel, mint oil from India, avocado and tea tree oils from Kenya, beeswax from Zambia, Sugar cane alcohol from ecuador
- Product is EWG verified, meaning it has met strict standards and does not pose a significant threat to humans
- While Dove has a relatively low score and is not the worst option, EWG verified products have the best score and are the best option.

I thought Dove would be ranked better as they advertise as being very safe and total-health focused, however their products do contain some hazards and could be better for our health.



Caption: While Dove is not the worst option to pick, they do contain some questionable ingredients that our bodies could do without. Going with EWG verified Dr. Bronner's Castile Bar Soap is one of the best options you could choose for your health and hygiene. This product meets the strictest standards for health and safety and provides full transparency over their ingredients list.