



EXPLORING NATURE: AN ECO OUTDOOR ADVENTURE AT JAHANGIRNAGAR UNIVERSITY

#Day12 Outdoors

Task Greenest

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- School: Jahangirnagar University

#1 PLAN AHEAD AND PREPARE

Destination: Jahangirnagar University Campus

Specific route: The main administration area, the Chowrangi crossroads, the road outside the Botanical Garden, and the pathways linking the main lake areas are all included in this loop.

The Mission: Complete a low impact, high awareness cycling around the campus. Deep observation of JU's unique ecosystem (especially the different plant species and bird life around the lakes) and commit to leaving zero trace, focusing on peace and quiet to avoid disturbing the wildlife.

Date and Time: Monday, 8:00am for the best light

Leave No Trace Principles: We commit to following the seven principles. In order to preserve the greenery, we will stay on the paved roads and approved trails, view animals from a distance without upsetting it, return all of our waste, and show consideration for the staff and students on campus.

CONTINUE.....

Pack with Purpose

Item	Reason (Eco-friendly)
Reusable Water Bottle	Avoids buying single use plastic water bottles.
Low-Waste Snacks	I carry sweets from home in a plastic box that is reusable.
Eco-Friendly Gear	A little bag to transport our waste back with us (pack it in, pack it out), a simple first-aid kit, and phone to record memories.
Bicycle	A low impact, zero emission mode of transport.

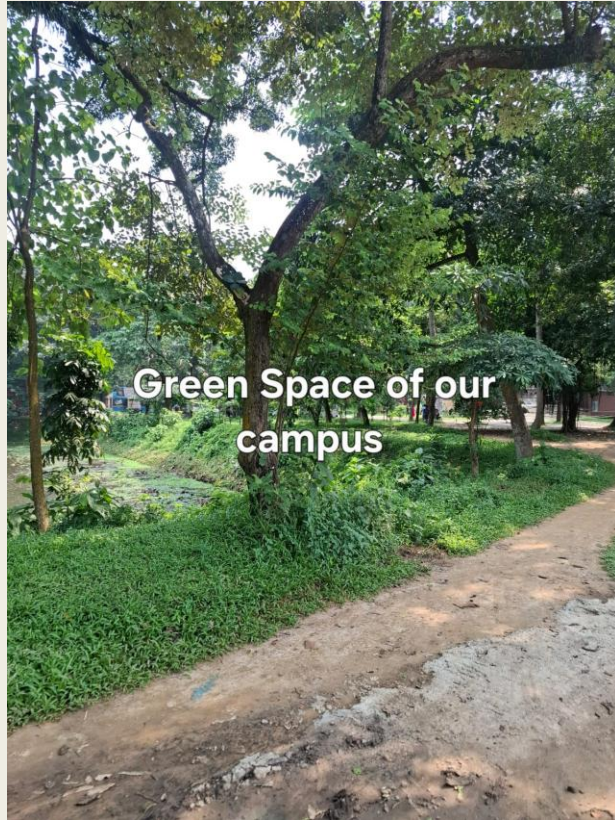
#2 Leave No Trace Principles

- **Prepare Ahead:** I will check my cycle tire pressure, route and weather before setting out.
- **Stay in Durable Paths:** I will never ride on fields, grassy areas, or off-road trails; I will only ride on paved roads or broad, sturdy brick/concrete paths. This safeguards plants and lessens soil erosion.
- **Respect Wildlife & Be Considerate:** I'll pedal at a safe, moderate speed to avoid scaring birds or small animals. I'll slow down around lakes and dense bushes. I'll only use my bell to keep people safe, not to scare wildlife or for pleasure. I'll keep noise to a minimum and make my bicycle a silent vehicle.
- **Pack Out Waste:** I'll bring all of my waste (such as snack wrappers or old inner tubes) back with me, leaving nothing behind.
- **Minimize Other Impacts:** I will carefully secure my cycle when I pause to observe nature, making sure not to fasten it to little trees or delicate objects.

#3 Reflection and Sharing



Continue....



How did my intention to make my adventure sustainable shape my experience?

- Sustainability added meaning to the journey rather than making it more limiting.
- Cycling increased physical exertion, making the arrival more satisfying.
- Staying outside allowed us to connect with nature through the breeze, sunlight, and chhatim flowers.
- Carrying prepared food in tiffin boxes made our lunch simple, nostalgic, and waste free.
- It transformed us from passive consumers to engaged, respectful participants in nature.

What moments deepened your connection to the Earth?

- We stopped at the lake near the Vice-Chancellor's house, which was surrounded by water hyacinths and scarlet shapla flowers.
- A group of Lesser Whistling Ducks descended smoothly, shattering the early silence.
- The sight of their perfectly timed flight and soft landing felt mystical and sacred.
- In that tranquil time, we felt strongly connected to nature as privileged viewers.

What memories, lessons, or feelings will you carry beyond this adventure?

- Adventure is a state of mind, not a remote location.
- True beauty and delight can be discovered in our immediate surroundings.
- Shared grins, red krishnachura trees, and bird sounds left lasting impressions.
- The experience instilled a sense of duty towards nature.
- Protecting the environment begins with tiny, mindful daily decisions like cycling, using reusable bottles, collecting waste during walk and appreciating local wonders.

Instagram link:

https://www.instagram.com/p/DPv1sE_EgUj/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

■ Screenshot of Instagram post

