

Carolina Svetlana Novillo Bravo - Ecuador

Reflection

Forests are at the heart of our planet's balance: they store carbon, regulate water, host millions of species, and sustain countless communities. Yet every year, millions of hectares are destroyed, weakening our planet's ability to fight climate change. When I learned about the 30×30 campaign, which aims to protect 30% of the Earth's land and oceans by 2030, I felt inspired to take part in a meaningful way.

For my action, I decided to write to my elected leaders, urging them to support stronger forest protection policies. I chose this because political action has the power to create large-scale and lasting change. Individual efforts like recycling or tree planting are important, but without strong laws and government commitment, the damage will continue. By raising my voice, I wanted to remind leaders that protecting forests is not only an environmental issue, it's a matter of justice, health, and survival.

In my message, I asked for three main commitments: to expand protected forest areas, to legally recognize community and Indigenous stewardship of lands, and to invest in restoration and monitoring programs. These actions directly support the 30×30 vision and ensure that conservation is fair and effective.

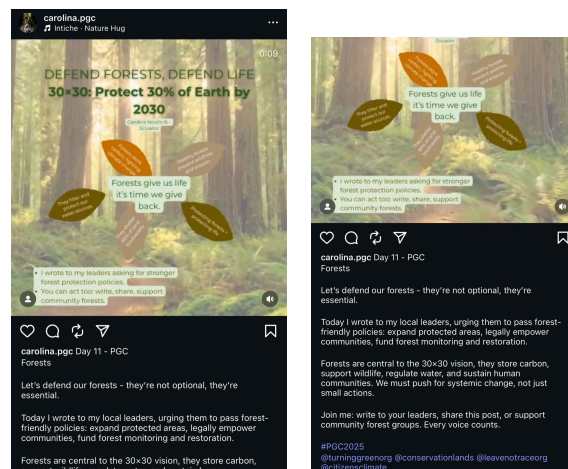
Taking this step made me realize that change begins with awareness but grows through collective action. When citizens speak up, governments listen. Forests give us clean air, water, shelter, and hope, they are the lungs and heart of our planet. Writing that message felt like standing up for something much bigger than myself.

Protecting forests means protecting life, for every person, every species, and every generation yet to come.

Link from the post on my Instagram account

<https://www.instagram.com/reel/DPsWLBTDK6b/?igsh=MWJmaTYxNmtzNHM4bg==>

Photo from the post on my Instagram account



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Caption

Day 11 - PGC

Forests

Let's defend our forests - they're not optional, they're essential.

Today I wrote to my local leaders, urging them to pass forest-friendly policies: expand protected areas, legally empower communities, fund forest monitoring and restoration.

Forests are central to the 30x30 vision, they store carbon, support wildlife, regulate water, and sustain human communities. We must push for systemic change, not just small actions.

Join me: write to your leaders, share this post, or support community forest groups. Every voice counts.