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**How stylish!**



one of the best ways to reduce food waste is to **plan ahead!**

what will you cook this week? how many meals? how many mouths are you feeding? when can you go shopping?

this way, you can plan what you need to buy and how much--as such, you should notice that less fresh produce goes off!

moreover, **consume mindfully!** once you take those first steps and realise how much food is wasted, you will start to make **wiser choices.**

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@50shadesofgreen\_mx



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50shadesofgreen\_mx Day 24: FOOD WASTE (greener challenge)

Meet our Produce Pal: Lola! She's the most fashionable Produce Pal in town. And, she has a lot to say about how you can reduce food waste by a simple few actions.

username: saomaii

school name: Greengates School Mexico

team name: 50shadesofgreen\_mx

#pgc2023 @turninggreenorg

37 s Ver traducción



Sé el primero en indicar que te gusta esto

HACE 37 SEGUNDOS



Añade un comentario...

Publicar

## instagram link

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