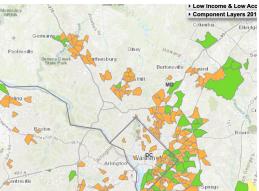
Start by reading this **article** that investigates food insecurity on campuses and check out this **interactive map** Answer the following:

- Is this an issue that you are aware of at your school?
  - I was aware of food insecurity at my highschool as many students are on FARMS (Free and Reduced Meals) programs. This issue is especially prominent in areas with higher populations, getting worse the closer to DC you get.



- How does food insecurity interact with identities such as race, gender, sexual orientation, and socioeconomic status? What does this reveal about the intersection between food and justice?
  - Food insecurity is intricately linked to identities like race, gender, sexual orientation, and socioeconomic status. Minority groups often face systemic barriers to accessing nutritious food. These disparities highlight the intersection between food and justice, revealing how social inequalities compound the issue of food insecurity.
- Research an organization on your campus or in the community that is working to address food justice / insecurity. Tell us about this organization and how it supports students. What can you do as an individual to support that work? If there is no group at your school actively working to provide food access, try to find one at another school/university.
  - Manna Food Center in Montgomery County, Maryland offers food assistance programs that provide nutritious food to low-income individuals and families. For example, Manna's Smart Sacks program focuses on ensuring that children have access to food over the weekend. Individuals can contribute by volunteering their time, donating non-perishable food items, or making financial donations to sustain their programs. Manna has many open volunteer spots to help with distribution and preparation of food.
- What are some viable solutions that address the issue with success?
  - Making the SNAP expansion permanent and improving communication to connect eligible students to social supports is vital. The government should also extend the National School Lunch Plan to college campuses, providing low-cost or free meals through existing facilities.

- How can you apply and implement these solutions at your school?
  - Ensuring that SNAP resources are provided at my school and getting the word out through announcements, posters, and newsletters.

Now it is time to get creative! Create an infographic that outlines the problem of food insecurity on campus with tips and action steps to address this global issue. Make a clear, educational, eye-catching visual that everyone will want to read and share.

## What is Food Insecurity?

Food insecurity on college campuses refers to a situation in which students do not have reliable access to affordable, nutritious food- hindering their ability to maintain a healthy and active lifestyle. Food insecurity is intricately linked to identities like race, gender, sexual orientation, and socioeconomic status. Minority groups often face systemic barriers to accessing nutritious food.

How to Take Action?

- Get the word out about SNAP (Supplemental Nutrition Assistance Program) benefits
- Volunteer at local organizations offering food assistance
- Communicate with campus administration to implement low-cost/free meal programs

## Link:

https://www.instagram.com/p/Cy0nvFkL3IR/?utm\_source=ig\_web\_copy\_link&igshid=MzRIODBi NWFIZA==

Day 24 Greenest: With campus food insecurity being a pressing yet relatively unknown issue, it's important to take action! Check to see what support systems for low-cost/free meals exist on your campus. See if you can volunteer to get involved and if inadequate resources exist, urge administration to implement effective programs!



@TurningGreenOrg @FoodprintOrg @FoodTank @mannafoodcenter #PGC2023