

Alyssa Bytof, Alvernia University

I know that many students on campus, such as myself, are struggling to provide food for themselves due to the high prices of tuition and housing, car upkeep and insurance, etc. Many people are not eating a lot or eating unhealthy due to cheaper fast food, such as \$1 fries at McDonalds, and 60 cent Ramen noodles, every single day.

All types of people of all races, ethnicities, sexual orientations, etc. are affected by food insecurity, and we should not leave out or discriminate against one specific group. All people are affected.

New Journey Community Outreach is a group located in Reading, PA which feeds, clothes, and supports those in need in the community. They are partnered with Helping Harvest, a pretty big food pantry organization in my area. They are constantly looking for help and volunteers, which is something I can do in my free time.

We can host events sponsored by Helping Harvest or NJCO to help those in the community AND those on campus that experience food insecurity.