

Day 20, Greener

My day→

- How does your day begin?

I get up, make my bed, take a shower, walk my dog, have breakfast, make a quick lunch, leave for school, then take my classes or start the main activity of the day.

- Where are you physically at the start and throughout?

At home, then at school mainly, then back home. School being mostly the same two building where I take most of my classes, another building with good internet where we go on our free period, the cafeteria, the main library, and different buildings for a couple of other classes.

- Who are you with?

My dog, when home and sometimes with my roommate. Then my friends, classmates and teachers during the day.

- What are you doing? In terms of activities, focal areas, etc.

Mostly school activities, whether cultural, career, sport or extra events. Homework, studying, projects, etc. Arts at home, any kind really; painting, drawing, reading, listening to music, arts and crafts, etc. Going out with friends. Going out on my own, exploring my neighborhood, self-care routines, etc.

- How do you feel?

Tired and still getting used to the workload. Homesick, but excited and glad I made the right decision with my career, school, and city.

- Are you particularly passionate about anything throughout the course of the day?

Mostly my alone time and school activities really focused on my career, including talks, projects, classes, homework, fieldwork, etc.

Reflection→

- What intersections did you discover?

What I'm good at and what I like doing are things that give back to the world, and if all goes well it will also provide financial stability.

- What made you happiest during your day?

Being surrounded by good friends when learning and working on subjects that I know will prepare me and make me a capable Environmental Engineer to make the change I want to see in the world.

- What are three small steps you can take right now to begin to bring this ideal day to life, even in a small way?

Find more people with similar goals and interests as me.

Give it my all and make the most of all my university has to offer.

Take it easy, push myself but also know my limits and when I need to take care of myself.

Post→





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Caption→Green Challenge Day 20 🌻

When I am happiest during the day is when I'm surrounded by good friends when learning and working on subjects that I know will prepare me and make me a capable Environmental Engineer to make the change I want to see in the world.

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