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Brigitteful.

Every person has an own the-person's-name-ful, and my own is Brigitteful.

Arriving at the moment of living one's purpose, can only be the most genuine uniqueness.

No words can explain the feeling, since it can only be experienced by that one individual from within.

The same way we all have different fingerprinting, we won't be able to fully explain the purposeful living feeling.

Just go for it and get to yours, so that you can experience life with in your hands the keys to ALL your doors.

They are something else than good emotions or good feelings that I experience when mentally living my purpose, so I often intentionally travel with my mind into that place of awesomeness.

As much as possible living it everyday, aiming to reach it as soon as possible in the best way.

Now you go discover and move towards your your-name-ful,

I promise you that even, no especially, the journey will be meaningful.

Thankful that turninggreenorg reminded me of my Brigitteful, I pledge to myself to keep feeling Brigitteful to the full.

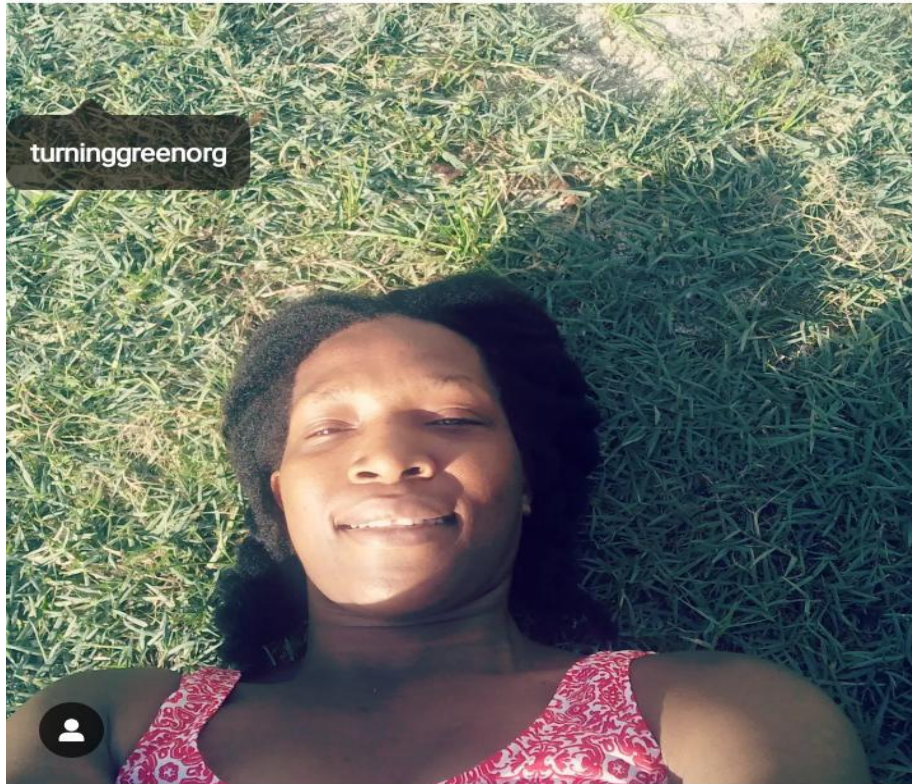
Brigitteful is a edible term I created for this PGC2023 task, for every person to be able to explain the feelings and emotions when envisioning (or actually) living their own purpose. I used my first name but any person can choose to use their second name or even their alias or all names as one. So go on and make your own your-name-ful!

@turninggreenorg

#PGC2023

Here I lay on the ground in our backyard, symbolically being down to earth and at peace in my purpose.

In harmony with Sun, air, water, soil and grass 🌻



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<https://www.instagram.com/p/CyqLRUDrGRT/?igshid=MmU2YjMzNjRIOQ==>

My ideal day:

My day begins with me waking up from an at least 8 hour sleep. I emphasize this because to new it is important to get enough sleep at night so that the next day gets the best start from the good night of enough sleep. If the night sleep before the day is not good enough it is already less quality than it could have been while starting the day. So, after that at least 8 hour good sleep the night before, I DO NOT HET UP AT ONCE when I am awake...and this I already do....because it is important to be aware and fully conscious when awake and not stand up right away...I stay like that for at least one minute...aaccording to my schedule for the day if it is required that I get up after the one minute or after 15 minutes...just laying awake and only God and I know that...and enjoy that moment with just me.

I am laying where I sleep...it may be a bed or a hammock or a sleepingmath or any other thing in my bedroom or a tent in my backyard or my balcony.

I am alone or with my spouse or with my spouse and our children (and theirs etc).

I could be doing anything on a ideal day because there are so many things I enjoy doing...big or small I enjoy them all.

I feel good. Calm. At peace. Truthfull. Thankful.

I am passionate about my children and God and my daily personal growth.

Reflecting on what I learned during this exercise I discovered that I am easygoing because real meaning of life matter the most to me and the deepest connection I have is with myself for my children and my God and I pledge to do no harm to people nor the planet , so other than that I don't need much but can create a lot and inspire many.

I made myself happiest during the day. I have this knowledge and I already live it that I am my own happiness and I must create it for me and I make sure I add that to relationship with my childrenin the first place.

Small steps I can take are to plan, monitor and reflect every day, week, month and annually....than I will get to my ideal life.

My ideal life is more and first within me....and material things are next...so very ideal is when both are where they should be.