

**Name:** Stolting Shawn  
**Username:** shawnstolting  
**School:** Polytechnic College Suriname

**This is my favorite shirt:**





The brand:





The material and where it was made:



### **Was anyone surprised to hear why you were wearing your shirt inside out?**

Nearly everyone I encountered gave me curious looks as if they thought I hadn't noticed that my shirt was inside out. However, when I took a moment to explain the purpose behind this unconventional choice, their expressions shifted to one of genuine surprise.

### **What were their reactions?**

"Hey, I noticed your shirt is inside out. Is everything okay?"

It's quite surprising how many folks out there are just going about their lives, not fully aware of the profound impact the fashion industry has on our planet. It's not that they don't care, but the revelation of fashion's sustainability impact often takes them by surprise.

However, what I've noticed is that even when they learn about the environmental consequences, it doesn't always immediately spark a desire to change their habits. It's not because they don't want to make a difference, but rather because everyone has their own set of challenges and priorities they're dealing with. Sometimes, making significant changes to their fashion choices just doesn't fit into the already jam-packed schedule of life.

### **What information did I share?**

The impact of fashion on the sustainability of the planet and how they can help with this problem. What I explained to them was that the fashion industry has a considerable ecological footprint, from the production of clothing materials to manufacturing and transportation. It contributes to environmental problems like water pollution, excessive waste, and greenhouse gas emissions.

I also explained to them how they can help with this problem:

1. Choose Sustainable Brands
2. Buy Less, Choose Quality
3. Secondhand Shopping
4. Clothing Care
5. Recycle and Upcycle



Inside out:







Instagram:

[https://www.instagram.com/p/CylGLc5OKSs/?img\\_index=1](https://www.instagram.com/p/CylGLc5OKSs/?img_index=1)

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Wearing my shirt inside out today to shed light on the hidden side of the fashion industry. It's not just about what you see; it's about the impact you don't.

📌 Shirt Details:

Brand: H&M

Materials: 40% polyester

Production: Myanmar

This shirt represents a global supply chain, but it also represents the issues we need to address. Fast fashion can have a heavy toll on workers and the planet.

Join me in the conversation for change. Tag:

[@TurningGreenOrg](#)

[@TrueCostMovie](#)

[@FashionTakesAction](#)

[@Fibershed\\_](#)

[@AttireMedia](#)

[#WhoMadeMyClothes](#) [#FastFashion](#) [#PGC2023](#)  
[#SustainableFashion](#)

Let's raise awareness and take action for a more sustainable and ethical fashion industry.

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