## **Day 18 Greenest**

Challenge Accepted! I went through my closet and applied the "Buyerarchy of Needs". I realized that, for me, the easiest level is "Use What You Have." It's simple to discover new

outfit combinations with items I already own. The most challenging is "Make." I'm not particularly crafty, but I plan to explore some of the DIY suggestions from the resources provided to upcycle my clothing.

I gave some items to a friend named Monir, who loved them. He particularly loaved a half shirt made out of leenane fabric, and these shirts are quite trendy now a days in Bangladesh.

This is the shirt that he chose,

Then, I organized a mini clothing swap in my university named, "Manobotar Dewal" and it was so much fun! Manobotar Dewal is a place where you hang some clothes that you don't need any more and are planning to swap soon, you can donate these unwanted clothes here. It is like a free clothes market where you can keep



whatever you want for free and donate the clothes which you don't need anymore. It was surprising that, along with clothes many students came with notebooks, pens, pencils, old books etc. materials which they didn't need any more and other people were happy to collect their materials of choice happily. Small wages earners like rickshaw pullers and students who are not solvent enough can choose items whatever they want from this place. They all can find "new" items without spending a dime. This is what a "মানবতার দেয়ালা" or "Manobotar Dewal" (Clothes swapping wall) looks like,



Image source: https://www.kholakagojbd.com/upload/2020/12%20December/13/jsga6.jpg

Then it was the time to give new lives to my older clothes. Some of the clothes I had left for years in my drawer, hoping to swap them out.

One of such is this cool ash formal pant of mine. I remember that I used to love this pant a lot.



But accidentally I had cracked my butt area of the pant. My mom helped me to fix this pant and I didn't believed that the pant turned just like new,



I was really happy to be able to wear it back.

I also had an old denim jacket that I thought about tossing, but I turned it into a trendy distressed piece using the DIY guide. It feels brand new, and I'm excited to wear it again.

These actions have made me realize how easy and enjoyable it is to make sustainable choices in fashion. I'm committed to implementing these ideas in my life going forward, reducing waste, and supporting a more sustainable fashion future!

## See my Instagram Post here:

https://www.instagram.com/p/CylLsc0yWg9/?utm\_source=ig\_web\_copy\_link&igshid=MzRlODBiNWFlZA==

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