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DAY 18

Challenge level: GREENEST

Sustainable Fashion

- I usually wear my clothes for many-many seasons, until they can't be worn anymore (I try to buy good quality clothes and shoes for that reason)
- Every ones in a while when something doesn't fit anymore but is still wearable, I try to sell it wither through Poshmark or through a local consignment store.
- I always mend anything that has holes and continue wearing it. I even patch up my bed sheets.
- Whatever can't be worn or sold, I try to repurpose, like the lampshade in the instagram video I made from my honeymoon dress, or pillowcases that I make from ripped sheets.
- I always convert some old clothes into cleaning rags.
- Whatever can't be sold / repurposed / donated, I have been sending to Terracycle or other similar services that can turn old clothing into rugs and mattress stuffing.
- Sometimes I compost items that are 100% cotton (they decompose so fast in my backyard compost bin!)
- I can't remember ever throwing old clothes into a trashcan.

https://www.instagram.com/p/CykEW5pM3_x/

