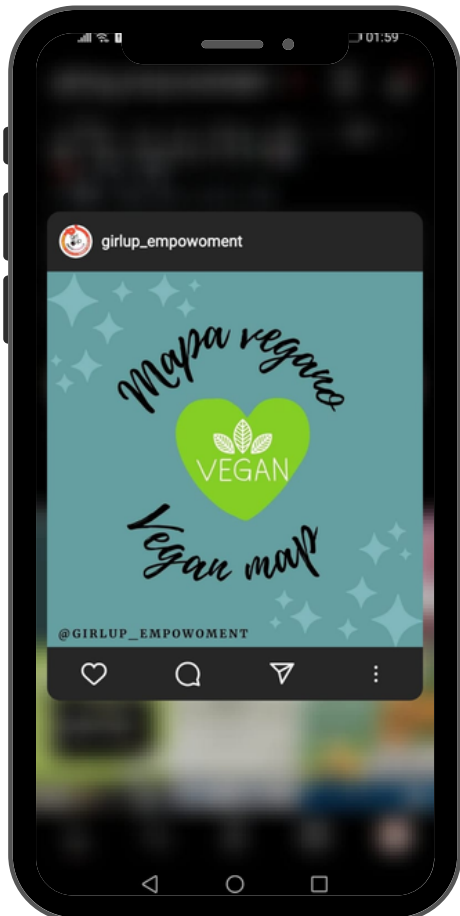




EMPOWOMENT



PLANT BASED



Descripción:

Hi 🌱🌟 Explore the vegan world with our exclusive map! 🌟🌱 Discover hidden vegan treasures in Mexico City 🇲🇪 with our new vegan map 🗺️🌱. We've curated excellent options from vegan restaurants in CDMX 🍴🍌. Are you a vegan food enthusiast? This map is your essential guide to savor delicious vegan choices in the city 🍷🥗.

📍 Check out our vegan map here! 🗨️
<https://drive.google.com/file/d/1U3r-tfuC9Aj1mCrBJ91HNqV2voP7LESU/view?usp=sharing>

📖 Primary sources:

1 Read AnimalGourmet's article to discover vegan restaurants in the south of CDMX: <https://www.animalgourmet.com/2023/07/14/r-restaurantes-veganos-al-sur-de-la-cdmx-que-tienes-que-conocer/>

2 Explore more about vegan restaurants in CDMX on VeganLabelMX's blog: <https://www.veganlabel.mx/blogs/blog/restaurantes-veganos-cdmx>
 Let your taste buds embark on a vegan journey through the city! 🍌🥑🌟 #Vegan #CDMXVegan #VeganFood #VeganMap #ExploreVegan #VeganLove #PGC2023 #MeatlessMonday. @TurningGreenOrg @MeatlessMonday 🌱🍴.

Team name:

EmpoWoment

Username:

Jade Geraldine López Ponce

School:

Centro de Estudios Científicos y Tecnológicos No. 9 "Juan de Dios Bátiz"



Links

[Link to the post here!](#)

[Link to interactive map here !!](#)

Answers

¿Are there any vegetarian or vegan restaurants in my community?

Yes, in my community, there are several vegetarian and vegan restaurants. Some of these places may exclusively offer vegetarian and vegan options, while others might have specific items on their menu.

Which restaurants offer some vegan menu options in my community?

There are several restaurants that offer vegan options in my community. Some of them might include specific vegan dishes on their regular menu, in addition to vegetarian choices. For accurate and up-to-date information about vegan restaurants in this area, I would recommend checking food review websites or specialized mobile apps that can provide specific details about local vegan menus.

Does the local grocery store offer vegan options in the prepared foods section in my community?

The availability of vegan options in local grocery stores can vary based on the community and the store's size. In urban areas like my community, you are likely to find larger, specialized grocery stores offering a variety of vegan options in the prepared foods section. Natural food stores and larger supermarkets usually have a wider selection of vegan products, including prepared meals, meat substitutes, dairy-free products, and more.



Is there a regular farmers' market or a food market with vegan vendors in my community?

You might find regular farmers' markets or food markets in my community that feature vegan vendors. These markets often offer fresh, local products, and some vendors may specialize in vegan foods such as fruits, vegetables, baked goods, and prepared meals. I suggest researching online or asking locals for specific information about local markets and vegan vendors in your area.

