Nadia Lessing Glenelg High School 12th Grade Biodiversity Challenge

What recipe did you choose?

I chose to make lip balm. I made it with these ingredients:

- Beeswax pellets
- Coconut oil
- Almond oil extract
- Some color

I also used a recycled eos container that I was basically finished with to put in my new DIY lip balm! Great way to be sustainable :)

How did you select ingredients? Could you source any organically?

I always buy my oils from farmers markets to ensure they are real and organic, and also because it is typically cheaper than the grocery store.

What did you put your product in? A repurposed container? Plastic-free? Upcycled jar?

I put it in a reusable container.

Did your DIY product work?

Yes, it made my lips feel really moist and look glossy as well.

Were your family surprised by any of the facts?

They were shocked about the 'healthy' and 'organic' mislabeling that the skin and hair care industry uses to convince people to buy their products.

Will they follow your lead and take a look at the ingredients in their own current products?

Well, both my mom and my sister love skin care so their stuff already was good quality and most of it was EWG certified. I think they were excited when I showed them the website from skindeep, though, because it meant they could buy more skincare products.

Are they open to switching to more conscious products?

My family seemed to take interest in the skin deep website because of all the information it had, so yes, I'd say so.

