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AVOCADO
HAIR MASK

made of all organic
ingredients

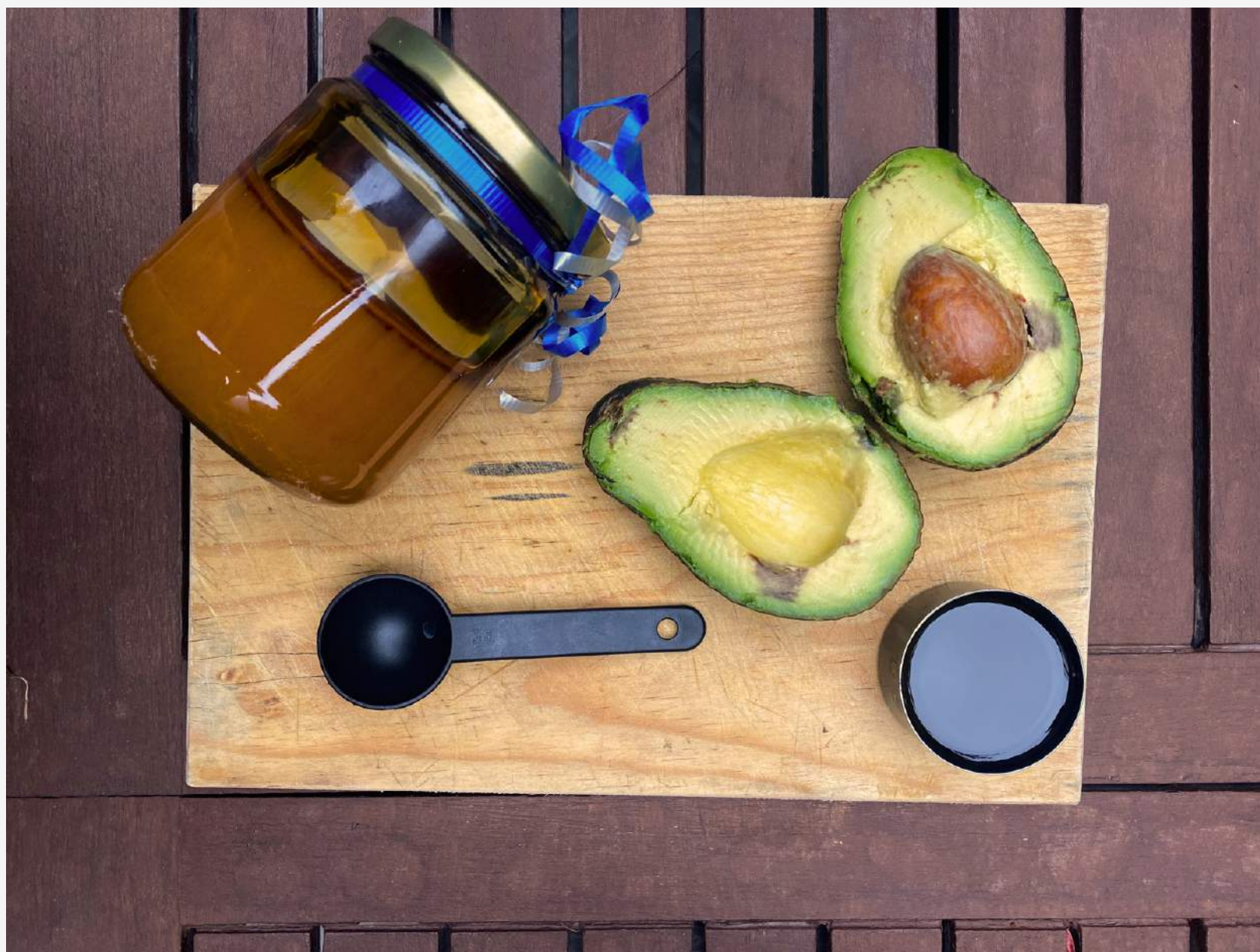


simplyhappenstance

DIY Hair Mask + Body Scrub

A simple DIY Hair Mask and Body Scrub, you can make at home, to pamper your hair and skin!

♡ Simply Happenstance



INGREDIENTS

avocados from michoacán
coconut oil from @botanicamoderna
organic honey from @mielbioflora

MIEL BIOFLORA

This cooperative of small beekeepers produces certified organic honey distinguished by floral origin and hive derivatives. Established in 2001 in Morelos, Mexico, they've expanded across nine states, integrating over 150 beekeepers. Their success lies in a sustainable, socially responsible model, blending traditional beliefs, fair trade practices, and quality differentiation. They've achieved international competitiveness and earned various accolades, contributing to local economies and promoting environmental conservation.

By emphasizing solidarity, responsibility, and respect, they've fostered an ethos of success. With certified organic products and a commitment to fair trade, they've gained global recognition, making a significant impact on both local communities and international markets.

“MISIÓN:

Desarrollar la apicultura orgánica como un medio para alcanzar el desarrollo sustentable y el mejoramiento ambiental en el corto, mediano y largo plazo. producir miel orgánica como un alimento idóneo por la alta calidad de sus nutrientes y hacerla llegar al mayor número posible de consumidores en el mundo.”





MIX
MIX
MIX



upcycled glass jar that
used to store strawb
jam :)



avocado seed ready for
germination!

3 FACTS WE LEARNED

1. Less than 20% of the chemicals and cosmetics flooding our shelves have been deemed safe by industry safety panels.
2. Buzzwords like 'organic,' 'herbal,' and 'natural' sound reassuring, yet they lack any legal definition and therefore mean nothing when placed on a product label
3. Through EWG, we learned that most of our everyday products contain chemicals that are all harmful to a certain extent--whether they're carcinogens, neurotoxins, or reproductive toxins

Did your DIY product work?

My sister's hair definitely seems more hydrated than before (especially since it's been damaged by bleach)! While the process is a little messy, it's cheaper and more environmentally friendly.

Were they surprised by any of the facts?

"It's really cool how everyday products can serve as such useful body care! Also, the avocado definitely stains, something I maybe should have known (lol)"

Will they follow your lead and take a look at the ingredients in their own current products? Are they open to switching to more conscious products?

"It's important that we are more conscious of the impact our purchases may have on the environment and animal welfare. Checking the ingredients can help us avoid products with environmentally harmful components, and look out for organic ingredients so that we know that our product is not only better for the environment, but for our person as well! It's clear to me now that many of my skincare products may not be the best option. I'm totally for switching! Luckily, we're privileged enough so that buying alternative (though often not as accessible) products is an option, though an often expensive option at that."

username: saomaii
school name: Greengates School Mexico
team name: 50shadesofgreen_mx



50shadesofgreen_mx

50shadesofgreen_mx Day 10: BODY (greenest challenge)

Make a totally-organic avocado hair mask with me! What many of us don't realise is that we can make body-care products right at home (without chemical additives) that are equally as beneficial to our bodies as store bought products! This hair mask from Simply Happenstance only uses three ingredients :) Personal report says it works very well--even though it's a little messy!

Check out @mielbioflora ! Their 100% organic honey is the bestttt.

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@turninggreenorg #pgc2023
1 min Ver traducción

♡ 💬 📌

Sé el primero en indicar que te gusta esto
HACE UN MINUTO

😊 Añade un comentario... Publicar