



EMPOWOMENT



Team name:

EmpoWoment

Username:

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Centro de Estudios Científicos y Tecnológicos No. 9 "Juan de Dios Bátiz"



My daily routine

- Jade

List of products that make up my daily routine

Body

- UVA Sunscreen Lotion - Banana Boat
- Body Lotion - naté naturals
- fragrance - Selena Gomez
- Deodorant - Alum Stone
- Bath soap - Dove

Hair

- Styling cream - Pantene
- Modeling Foam - Herbal Essences
- Handmade natural shampoo - Composed of herbs such as rosemary, lilac and lavender.

Skin care & makeup

- Bath soap - Nutrobalance Dove
- Primer - Kylie Jenner
- Translucent powder - Olé
- Mascara - Maybeline
- Eyeliner - Maybeline
- Lip cream - Labello
- Lipsticks - Maybeline
- Glitter cream - BYS

Oral hygiene

- Toothpaste - Colgate



My daily routine

- Jesús

List of beauty products that I use in my daily life

Body

- Soap - Zote
- Fragrance
- Deodorant - AX

Hair

- Gel-Xtreme

Expensive

- Soap - Zote

Oral hygiene

- Toothpaste - Colgate



My daily routine

- Abril

List of beauty products that I use in my daily life

Body

- Sunscreen - Vichy
- Deodorant - Secreto Clinical
- Bath soap - Dove
- Body lotion . St Ives

Hair

- Moisturizing mousse - Cantú
- Expensive
- Soap - Dove

Oral hygiene

- Toothpaste - Oral B 3D White



My daily routine

- Alexa

List of beauty products that I use in my daily life

Body

- Neutral soap - Dove
- Body cream - NIVEA
- Sunscreen - NIVEA Sun

Hair

- Styling cream - Savilé

Oral hygiene

- Toothpaste - Colgate



Analyzing one of our daily routine products

- **What is the product called? Include the brand and specifics.**

UVA Sunscreen Lotion -Banana Boat

- **According to your research, what is its overall hazard rating?**

I think it's high because just using homosalate increases the risk of skin cancer.

- **How many ingredients did you find to be potentially hazardous? Share the most hazardous ingredient in the product and the basis for that rating.**

just 1, The Homosalate that is an organic compound that belongs to a class of chemicals called salicylates. Salicylates prevent direct skin exposure to the sun's harmful rays by absorbing ultraviolet (UV) light. Homosalate specifically absorbs short-wave UVB rays, which are associated with DNA damage and increased risk of skin cancer

- **Share the health and environmental impacts the product is shown to have.**

Homosalate impacts the body's hormone systems, and in particular, the estrogen system. In human breast cancer cells, which grow and multiply in response to estrogen, homosalate exposure led to 3.5 times more cell growth and multiplication.



Infographic

Conventional products

We normally use creams, sunscreens, soaps and other products in our daily lives without really knowing that what we are using is toxic for us and the environment!

Bath soap

It is made with glycerin, synthetic products, preservatives, sulfates, silicones and surfactants to generate foam

Price: \$2 USD

Crude glycerin has methanol, which is toxic to soil microorganisms and plant development.

Shampoo

They include chemicals such as EDTA, tocopherol, niacinamide, panthenol and even zinc

Price: \$5.1 USD

EDTA-tetrasodium EDTA is very difficult to dispose of and therefore a contaminant for the ecosystem.

Toothpaste

They typically include delicate cleaning and polishing agents such as silica or alumina, calcium carbonate or dicalcium phosphate, and triclosan.

Price: \$3.6 USD

Triclosan could cause the growth of cancer cells

Conscious products

To replace industrial beauty products, there are artisanal options that, in addition to doing good for your skin and hair, will help the environment :) And you can make them yourself!

Bath soap

It's made with water, olive oil or shea butter, and sodium hydroxide

Price: \$2.2 USD

Thanks to their natural ingredients, they provide an extra level of hydration so that your skin remains smooth and healthy

Shampoo

They contain essential oils, fruit extracts, botanicals and organic ingredients.

Price: \$5 USD

They are made with natural and ecological ingredients and are free of toxic substances

Toothpaste

This natural toothpaste contains ingredients such as Calcium Carbonate or Kaolin Clay

Price: \$4.7 USD

Environmentally friendly and saves your money because it lasts longer and its price is affordable.



Description:

Make a conscious choice for a greener planet! 🌍✨

Taking care of yourself doesn't have to come at the expense of our beautiful planet. In every beauty choice, you can make a difference.

You can opt for artisanal products that not only nourish your skin, but also nourish the Earth thanks to their natural ingredients and sustainable packaging.

@madesafehq

@safecosmeticshq @turninggreenorg