

Name: WaterBuffalos

Username: Waterbuffaloes23

School: Poolesville Highschool

Download the [Think Dirty App](#) or use EWG's Skin Deep [Database](#) or [app](#). Next, share a list of the products that make up your daily routine.

- According to your research, what is its overall hazard rating?
 - PANTENE: 5
 - ACURE: 1
- How many ingredients did you find to be potentially hazardous? Share the most hazardous ingredient in the product and the basis for that rating.
 - PANTENE: 3
 - Fragrance (8), high risk of allergies/immunotoxicity and moderate concern for endocrine disruption, organ toxicity, and irritation
 - ACURE: 0
 - Glycerin (2), some use restrictions
- Share the health and environmental impacts the product is shown to have.
 - PANTENE: Not cruelty free, high use restrictions for this product
 - ACURE: 100% vegan and cruelty free, packaging is 100% biodegradable,

Find a clean, eco-friendly, conscious alternative to your conventional product at an online retailer. Look for brands like [Acure](#), [Dr. Bronner's](#), [Everyone](#), and more. You can also check out MADE SAFE's [Certified Products list](#) for ideas.

- Share the name, brand, and ingredient list from the conscious option and where you found it.
 - Pantene Pro-V Sheer Volume Shampoo
 - Water, Sodium Lauryl Sulfate, Sodium Laureth Sulfate, Cocamidopropyl Betaine, Sodium Citrate, Sodium Chloride, Sodium Xylenesulfonate, Fragrance, Citric Acid, Sodium Benzoate, Hydroxypropyl Methylcellulose, Tetrasodium EDTA, Histidine, Panthenol, Panthenyl Ethyl Ether, Methylchloroisothiazolinone, Methylisothiazolinone
 - Acure Coconut and Argan Shampoo Bar
 - SODIUM COCOATE, WATER (EAU), ARGANIA SPINOSA KERNEL OIL, EUTERPE OLERACEA FRUIT EXTRACT, LYCIUM BARBARUM FRUIT EXTRACT, THEOBROMA GRANDIFLORUM SEED BUTTER, HELIANTHUS ANNUUS (SUNFLOWER) SEED OIL, GLYCERIN, TITANIUM DIOXIDE
- What is the cost of the conventional versus conscious product?
 - PANTENE: \$9.99
 - ACURE: \$12.10

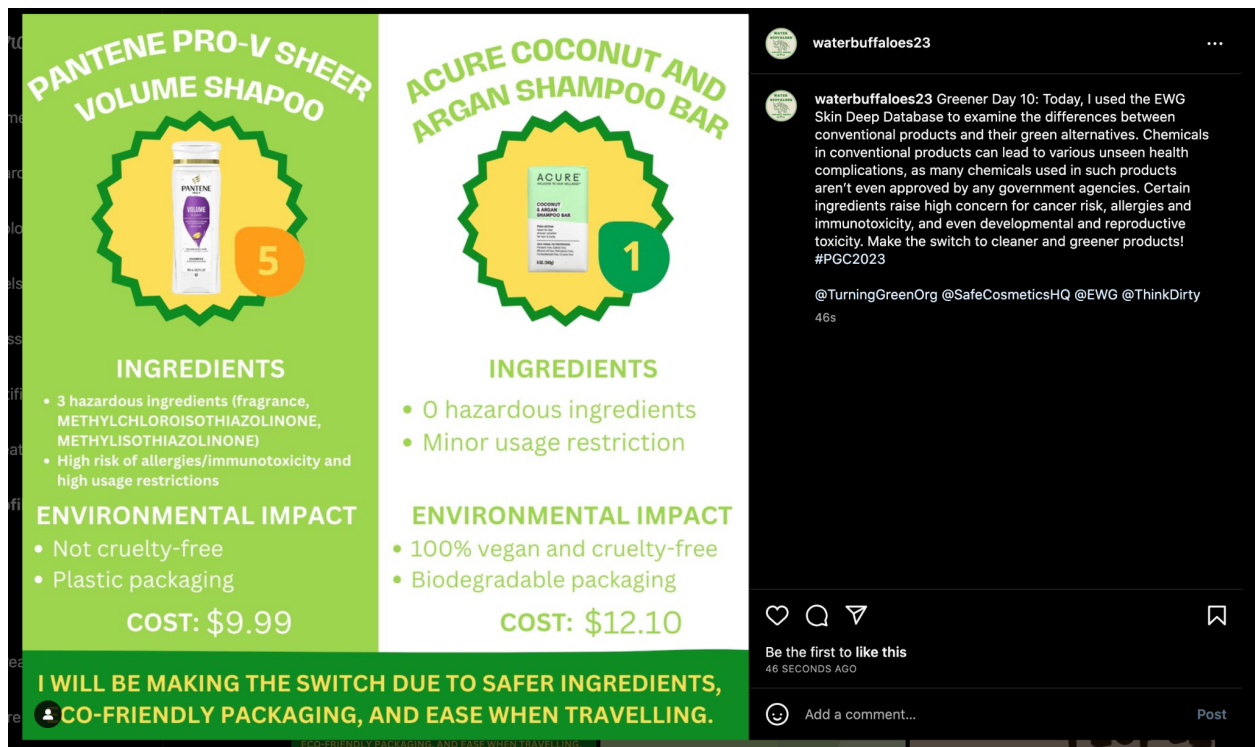
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- What are the benefits of the conscious product?
 - Safer ingredients, greener packaging, less risk of health complications, easier to travel with
- Will you make the switch? Why or why not?
 - Yes, the benefits of the shampoo bar outweigh the slightly more expensive price

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| <p>PANTENE PRO-V SHEER VOLUME SHAPOO</p>  <p>5</p> <p>INGREDIENTS</p> <ul style="list-style-type: none"> • 3 hazardous ingredients (fragrance, METHYLCHLOROISOTHIAZOLINONE, METHYLISOTHIAZOLINONE) • High risk of allergen/immunotoxicity and high usage restrictions <p>ENVIRONMENTAL IMPACT</p> <ul style="list-style-type: none"> • Not cruelty-free • Plastic packaging <p>COST: \$9.99</p> | <p>ACURE COCONUT AND ARGAN SHAMPOO BAR</p>  <p>1</p> <p>INGREDIENTS</p> <ul style="list-style-type: none"> • 0 hazardous ingredients • Minor usage restriction <p>ENVIRONMENTAL IMPACT</p> <ul style="list-style-type: none"> • 100% vegan and cruelty-free • Biodegradable packaging <p>COST: \$12.10</p> |
| <p>I WILL BE MAKING THE SWITCH DUE TO SAFER INGREDIENTS, ECO-FRIENDLY PACKAGING, AND EASE WHEN TRAVELLING.</p> | |

Greener Day 10: Today, I used the EWG Skin Deep Database to examine the differences between conventional products and their green alternatives. Chemicals in conventional products can lead to various unseen health complications, as many chemicals used in such products aren't even approved by any government agencies. Certain ingredients raise high concern for cancer risk, allergies and immunotoxicity, and even developmental and reproductive toxicity. Make the switch to cleaner and greener products! #PGC2023

@TurningGreenOrg @SafeCosmeticsHQ @EWG @ThinkDirty



The screenshot shows an Instagram post from the user 'waterbuffaloes23'. The post features a side-by-side comparison of two hair care products. On the left is Pantene Pro-V Sheer Volume Shapoo, which is highlighted with a green '5' in a circle. On the right is Acure Coconut and Argan Shampoo Bar, highlighted with a green '1' in a circle. The comparison table lists ingredients and environmental impacts for both. The Pantene product is noted for having 3 hazardous ingredients and plastic packaging, while the Acure product is 100% vegan and cruelty-free with biodegradable packaging. The post concludes with a statement of intent to switch to the Acure product. The Instagram interface shows the post has 46 seconds ago and includes a comment prompt.