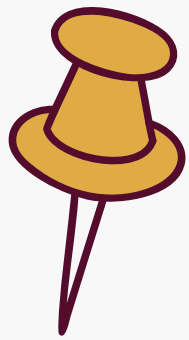


COME HIKE
WITH ME!

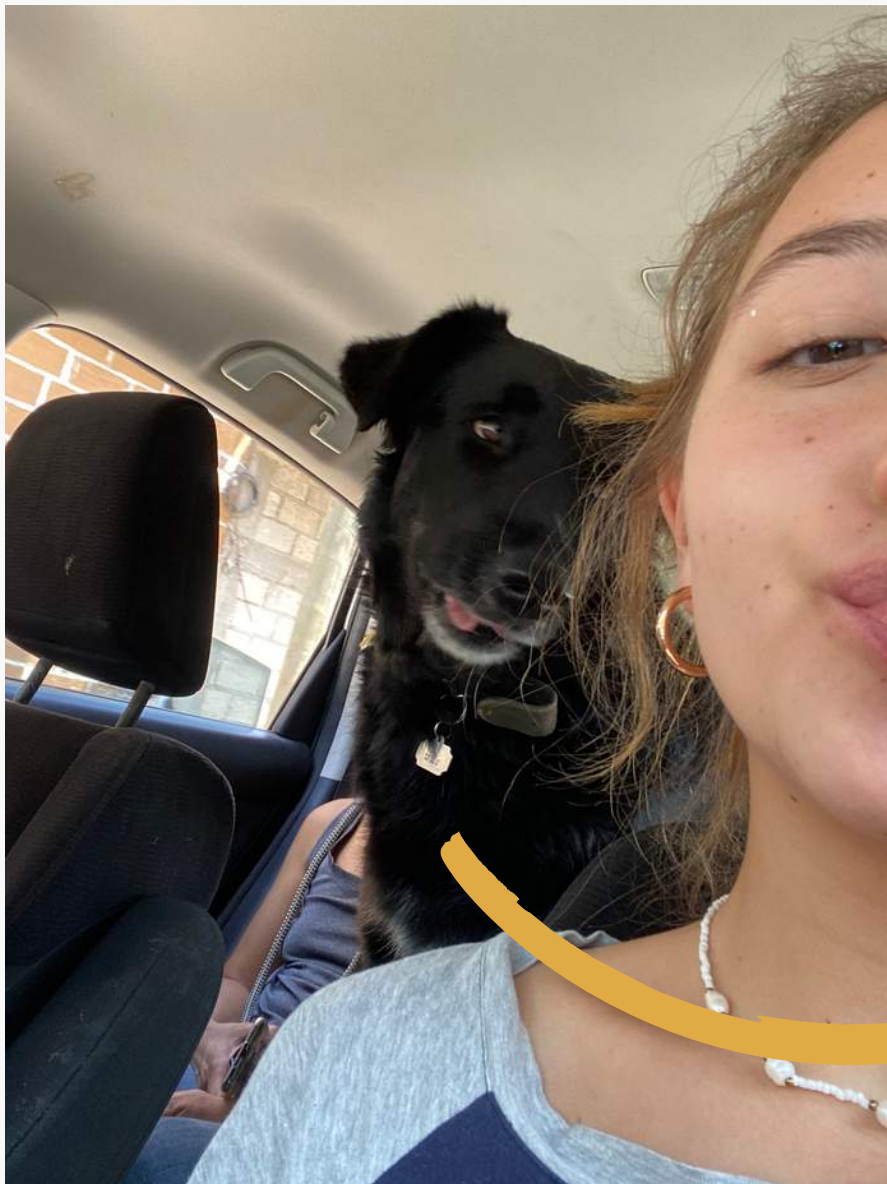


intention: I plan to hike with a deep commitment to leave no trace, cherish nature's wonders, and promote sustainability, ensuring our actions preserve the beauty of the environment for generations to come.



Santo Domingo Ocotitlán





this is Charlie!

in many of the trails around Santo Domingo, dogs aren't allowed due to the fact that there are water sources (eg. springs and rivers) that the surrounding communities rely on

as such, we obviously picked a trail where this was not the case

i went with my family! (4 of us + Charlie)

we went to the trail's starting point via car

reusable stainless steel waterbottle to further avoid waste!



top: thrifted (no label)
shorts: underarmour, thrifted
shoes: fila, also thrifted
while most of my clothes certainly weren't made sustainably, they were bought second-hand, environmentally friendly (and cheap!) way to recycle clothes



lots of flower's
blooming for the end
of rainy season!



stunning views!

blackberries



tuna + Passion fruit
(found on the ground)

the trail was lush with greenery as it has been raining heavily the past few months, alive with an assortment of plants and colours, and even fruit! it's incredible to see an ecosystem so reliant and cooperative with each other—that is why it's so important not to disrupt nature: every aspect is a key cornerstone



inspirational takeaway



hiking is not only a health benefit--it provides us with the means to connect with nature, witness its beauty, it's intricacies, and it's resilience firsthand

in the quiet embrace of nature, we realize how often its splendour goes unnoticed in our bustling lives; let this realization be a call to action to step outside, reconnect with the earth, and safeguard these precious landscapes by being spectators to its miracles and understanding, through experience its importance.



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