

# Outdoors

WHY DID IT RESONATE WITH YOU?

I've always loved doing outdoor activities and surrounding myself with the natural wonders of where I live and the places I visit. One of my favorite activities is hiking because it allows me to enjoy lovely walks with my family and friends while knowing very beautiful sites. However, sometimes I was a little embarrassed to do more physically demanding activities like climbing because I used to think that I had to be very athletic or experienced to be able to do something like that.

Looking at all the adventures of these positive and inspiring women has made me realize that I too can challenge myself to go further and try complex things even if I don't have a lot of experience or skill, because it is always possible to improve.

All bodies are valid and deserve respect and love, and above all, a good day outdoors!



Our post



To extend outdoor accessibility, we must ensure that all people have access to equipment and clothing that suits them and provides them with safety and comfort

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