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DAILY TASK

Challenge:

The intention before I head out on my journey is to embark on my adventure to Sitakunda Chandranath Pahar. My intention is to connect deeply with nature, appreciate its beauty, and leave a positive impact. I aim to be mindful of the environment, respecting its ecological balance.

Travel Mode and Sustainable Practices: I have taken the sustainable way for this journey. My friend and I went to **Shitakundo Changranath Pehar** by public transport. We took organic, fresh food from a snack packed in reusable containers to reduce waste. We also used stainless steel bottle containers and avoided plastic materials for water to reduce waste.

My clothes and accessories are carefully selected for sustainability and quality. Clothes are made from eco-friendly materials such as organic cotton, recycled polyester, and other sustainable fabrics. Shoes and accessories are chosen to be sustainable and environmentally friendly, ensuring ethical manufacturing practices are adhered to.

Yes, the destination is open to visitors, but they had to pay a little for entrance.

Snap 3 pictures for my surrounding:



WHAT ARE YOU SEEING AND THE ENVIRONMENT: - The scenario is really very beautiful. My senses are treated to wonders of nature as I explore Sitakunda Chandranath Pahar. Tall trees their leaves filtering sunlight and casting shadows on the forest floor. The road is wide, offering great views of the rolling hills and mountains in the distance.

The landscape is framed by brightly colored plants—a tapestry of wildflowers, each petal gleaming in the morning dew. Rhythmic birdsong and rustling leaves fill the air as small creatures pass through the undergrowth. The scent of earth and blooming flowers fills the surroundings, creating an immersive sensory experience.

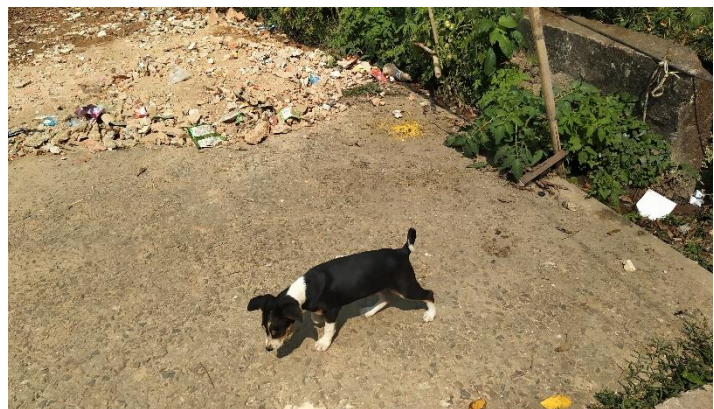


The terrain changes as I reach higher elevations. The landscape is defined by jagged rocks and boulders, contrasting with the lush greenery below. The views from the top of the hill are spectacular, and the landscape stretches out in all directions. The sky above is an ever-changing canvas of color, from soft early morning pastels to bright afternoon light.



In this outdoor sanctuary, I experience the harmonious dance of nature—the colors, sounds, and textures that evoke a deep connection and appreciation for the beauty of the land.

I encounter an array of plant life, from towering trees with gnarled roots to delicate ferns lining the forest floor. Birds of various species enchant with their melodies—a symphony of chirps and calls. Colorful butterflies flit from flower to flower, contributing to the pollination of the rich plant life. There I also saw a cute puppy.



@ProjectGreenChallenge-day-8-Greenest

My intention during my previous trip was to immerse myself in the beautiful Sita Kund Chandranath Hills with mindfulness and respect for the surroundings. My goal was to create a deep connection between nature, leaving minimal impact and appreciating its diversity. This perspective informed my journey more.

My three friends influenced me to there and the place was really amazing

Were you able to stick to the plan?

Yes, for the most part I was able to follow the plan that had been defined by my previous travel ideas. The guiding principles of mental refinement, sustainability and respect for the environment permeated my decision making throughout my journey. Some of the key parts I followed the plan:

- ✚ Sustainable Choices
- ✚ Leave No Trace Practices
- ✚ Mindful Exploration

How did the experience make you feel? Seeing the beauty of Sita Kund Chandranath Hills instilled in them a sense of responsibility as individuals as well as collectively and reinforced the sense that we are stewards of the earth and are entrusted to preserve its wonders for future generations . The importance of committing to sustainable practices, Leave No Trace principles and responsible research during the journey was emphasized.

This experience strengthened my commitment to advocating for environmental protection and inspiring others to have a similar relationship with nature. The trip was a reminder of the delicate balance that exists in the natural world, and everyone's role in that balance.

Specifically, this trip has heightened environmental awareness, increased my respect for the earth, and reinforced my commitment to a shared responsibility to care for and protect the planet at the strength of future generations.



@Sajeeb11

✓ SOCIAL MEDIA POST:

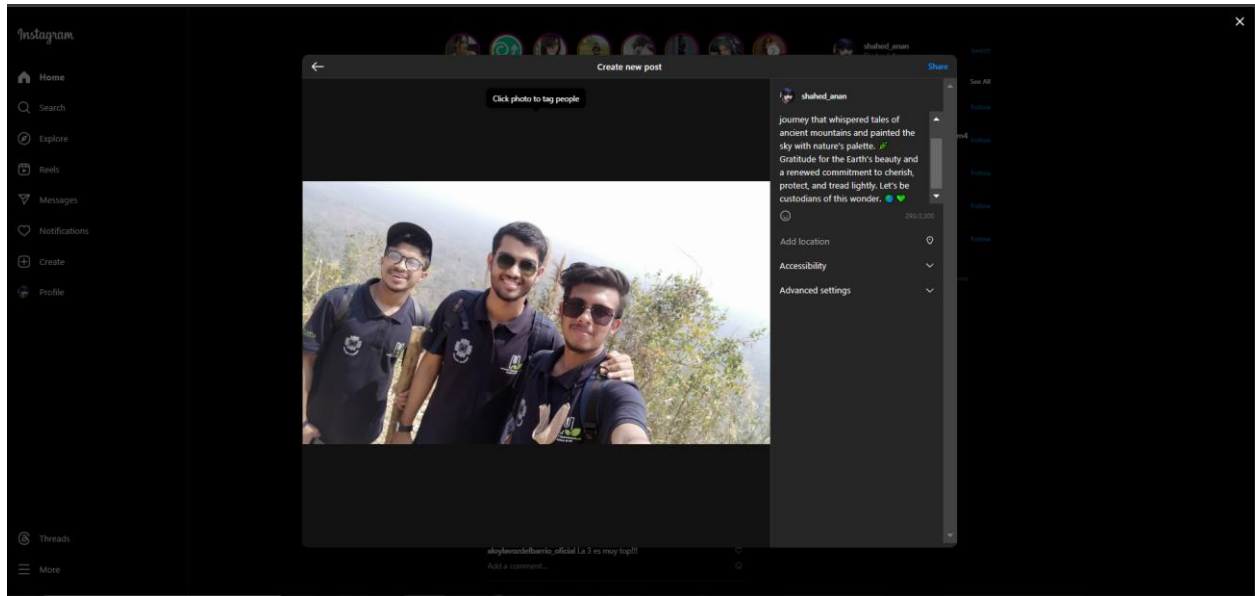


Figure 1:Instagram post location Chandranath Pahar