

Day 6 Greener

My Story of Carrying a Separate Bag for Waste Materials for the Entire Day

Today was unlike any other day in my life. In Bangladesh, it's common for people to dispose of waste wherever they please – on the streets, outside their homes, and even in places meant for enjoyment, like amusement parks. Carrying a separate bag for waste presented a unique challenge for me.



Instead of carrying a dedicated waste bag,

I chose to place it inside my school bag (*as shown in the photo*). Throughout the day, some people judged me, despite my efforts to contribute to environmental welfare. However, as the day went on, some of my friends also took notice and felt a sense of guilt about how inconsiderate we've been towards our surroundings over the years.

I found the experience enlightening and gained insights into my daily consumption habits. Four of my friends, Adiba, Naim, Shuvo, and Sweta, were inspired by my initiative and expressed their willingness to carry separate bags for waste or to responsibly store their waste in pockets or carry bags. This small change can make a significant difference in reducing pollution in our natural environment.

Knowing that my four friends have learned this valuable lesson from my example fills me with anticipation about how many more people they will influence. It has truly been a rewarding and eye-opening challenge for me.

Here is Everything I have collected in a Day:



My collected waste materials included:

1. A single usable water bottle
2. A single usable cold drink bottle (Mountain Dew)
3. A finished pen
4. A packet of biscuits
5. Some single usable tissue papers

Two Reusable Alternatives for My Wastes

1. Using a reusable container for water instead of buying water from store.

I have seen that most of my generated waste is by plastic. If I change my habit of buying water from the store and carry a reusable water bottle with me, I can generate less waste than usual. Also, I can change my habit of buying cold drinks and drink water instead. Water is healthier and it will also save a lot of my money.

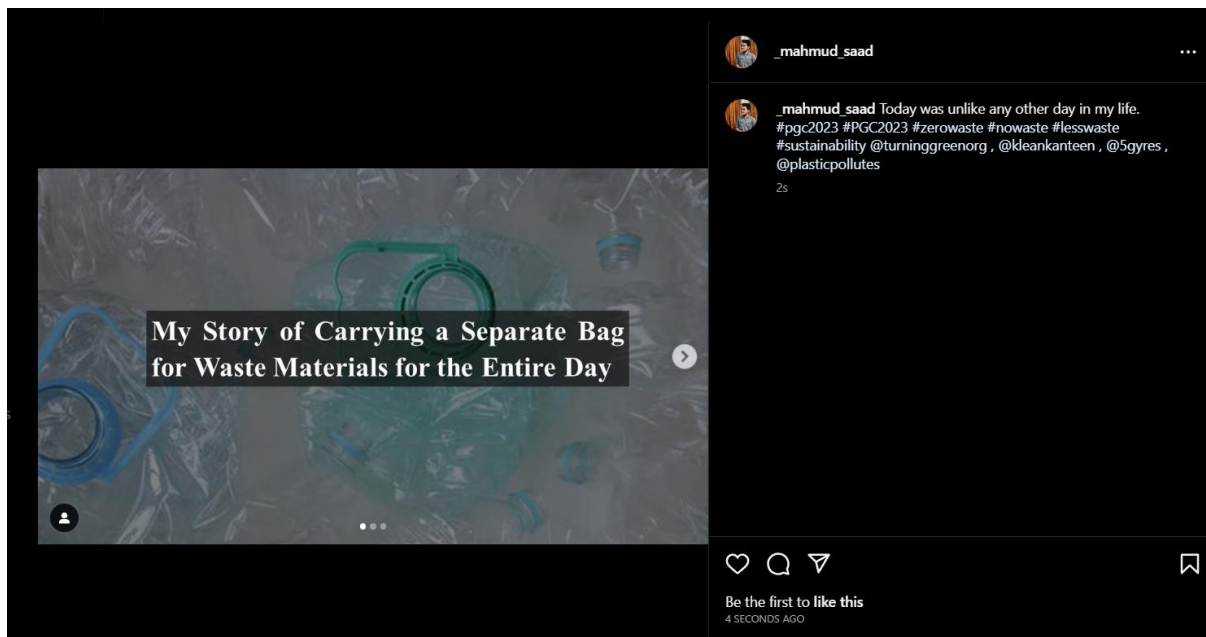
2. Using Hotton handkerchiefs instead of using Tissue Paper

Handkerchiefs are highly reusable and it eliminates a lot of wastes done by single usable tissue papers. It can soak more sweat than a normal tissue paper and after the whole day of use we just have to wash it and it is good as new to use again.

Find my Instagram Post here:

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