



EMPOWOMENT



Team name:	Username:
EmpoWoment	Jade Geraldine López Ponce
School:	
Centro de Estudios Científicos y Tecnológicos No. 9 "Juan de Dios Bátiz"	



Food insecurity in the USA and my community

This text delves into the intricate relationship between hunger, homelessness, and systemic racial bias prevalent in the United States and the world, challenging a common assumption: that homelessness is the only cause of hunger. Instead, he highlights that this problem is just one manifestation of deep-rooted racial discrimination.

It is important to be aware of the concept of "redlining," which is a discriminatory practice that has historically restricted homeownership opportunities for African Americans and people of color. This system of institutionalized racism has led to economic decline in these communities, limiting their access to essential services and, critically, nutritious food.

The text highlights the most visible consequence of "redlining": the existence of food deserts, low-income urban areas where the population lacks access to stores that offer healthy and affordable food. Shocking statistics, such as the 23.5 million people trapped in food deserts, underscore the severity of this problem.



Likewise, the concept of "supermarket redlining" points out how major supermarket chains often avoid establishing stores in urban areas or low-income neighborhoods, further exacerbating the food access crisis.

Taken together, this text powerfully conveys the interconnectedness of institutionalized racism in the food industry and society as a whole. It serves as a call to action to take action beyond short-term solutions, such as donating to food banks. Instead, we are encouraged to support organizations committed to food justice and racial equality by providing concrete examples of these institutions.

Although in general our community and school do not suffer from this problem with food insecurity, I am sure that there are some colleagues who do have to choose between having breakfast or getting to school, so today we commit to begin to act and support from the locally to colleagues who we can help in this crisis.

Also we did a ckeck list to take action!

- Get informed and share this information with your friends and family
- Host a food drive in your community
- Hold a fundraiser
- Encourage your family and friends to participate in your initiatives



Description:

Did you know that many times major supermarket chains neglect to establish stores in urban areas or low-income neighborhoods, increasing the problem of food insecurity? 🍴

It's time to take action! Just because something isn't a problem for you doesn't mean it isn't a problem for someone else ❤️

