

Team Soapy Tomato Embryos
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Virginia Tech

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soapytomatoembryos (This is an image of the food market for food insecure groups at virginia Tech)
There are a lot of obstacles in trying to achieve a wholesome diet. First off, access to supermarkets that have fresh and nutritious food is limited in many areas. This is due to supermarket "redlining", where they choose to not serve specific communities because they would not make enough money from these areas. The communities are "too poor" or won't provide enough of a profit for the supermarket chain. Personally, we can see this in our town of Blacksburg in Montgomery County, VA. Trader Joes is a very popular "fresh food market", and does not want to establish a location in Montgomery County for fear that they would not make enough money from the local population during off seasons of the school year. In the area, there are a few small grocery stores or local food markets that have organic food, but it's the principle that larger, more fresh-based markets are unwilling to open in these locations that is upsetting. As well as this, in general there is redlining, which is where certain areas are ostracized due to the groups that they serve. Banks are

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One action that we can take is to help promote food banks and food security programs. We can do this by donating food to food banks, or volunteering at these programs to make sure they have enough staff. If there are no food banks or programs in our area, we will work to advocate for them and make sure that our local governments will make this a priority action. We will do this by lobbying and writing letters to our officials, and talking to the officials for our schools in order to install programs both in the community and in our school.