

THE IDEAL DAY

By: Hannah Mathis

This is probably the toughest question PGC has asked me! To be honest, I love everyday no matter what the outcomes. Especially since entering college! I have already experienced so many new things, learned a lot, and have met amazing people just in the first two months as a freshman. I was starting to take that for granted and after the Hurricane hit, I realized how important each day is. Taking in every moment, no matter how big or small, is the key to living out each day. I am still going to map out my ideal day, but I just wanted to note that every day is unique. We can live an ideal day by keeping an open mind toward new adventure.

For My Ideal Day...

Since I have been spending a lot of time with my new friends, I wanted to highlight a day where I got to spend time with my family!

9 am: Wake Up

- Make breakfast, preferably my egg scramble I made for the Day 3 Challenge
- Take a bike ride with my sister or take a dip in the pool.
- Free time, hang out

12 pm: Golf and Shopping

- Starbucks run and shopping with mom (with reusable cups and bags, of course). We don't necessarily have to buy anything, just walking and talking is fun!
- Sunset Golf: I love hitting on the range and chipping and putting towards the end of the day with my dad!

8 pm: Dinner and Movie Night

- Turkey Burgers with any comedy movie is the best way to end the day!

- What intersections did you discover?
 - Each activity and moment was active and exciting
- What made you happiest during your day?
 - This day is packed full of activities, surrounded by the people I love! Nothing can beat that!
- What are three small steps you can take right now to begin to bring this ideal day to life, even in a tiny way?
 - Keep an open mind to new adventure!
 - Appreciate the down time and calmness. Not everything has to be active all the time.
 - Keep meeting new people!

SOCIAL POST:



GREENER CHALLENGE

For the greener challenge, we were asked to describe our ideal day! Here are some highlights

of the best day ever, in our opinions:

1) We both agreed that the perfect day starts with a hearty breakfast. (I think the egg scramble I made for the Day 3 challenge was the best, just saying), but Elia prefers apples, just like the snack she made from the Day 8 challenge.

2) For activities, we both agreed that a walk through the FGCU Food Forest is the best way to de stress after class. Take a look at some pictures of our campus food forest!



3) After class and studying, at the end of the day, if there's a volleyball game we are there! Elia knows a lot about volleyball and teaches me all the rules I need to know!

HERE'S US AT THE



FGCU
VOLLEYBALL
GAME! GO
EAGLES!



It's important to note that an ideal day will not happen everyday! But keeping an open mind will lead you to new adventures you never thought possible! Excitement should be the main emotion felt when living your purpose! Exciting adventures await, it's up to you to take them!

FGCU is the perfect fit for both of us because we love staying connected through the environment and community. If Elia and I had to spend the entire day together, we would study, walk through the food forest, and cheer on the volleyball team!

Hannah Mathis, Elia Becker

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