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Small steps to save our oceans:

- Use less water so excess runoff and wastewater will not flow into the ocean.
- Choose nontoxic chemicals and dispose of herbicides, pesticides, and cleaning products properly.
- Cut down on what you throw away.
- Choose sustainable seafood. Buy less plastic and bring a reusable bag.
- Use alternative products that are sustainable for the environment rather than plastic.
- Use fuel efficient vehicles, carpool or ride a bike
- Choose energy efficient light bulbs and don't overset the thermostat.
- Follow "catch and release" practices and keep more fish alive
- Volunteer for cleanups at the beach and in your community. You can get involved in protecting your watershed too!

Throughout the challenge, I have increased my level of awareness and improved my understanding of how our ecosystem is interconnected. If there is one problem, it can potentially cause other problems as well. However, if we take small action in helping our environment, it will also improve other parts of our environment as well. From personal awareness and what I have learned so far from turning green, these are some small direct and indirect initiatives that we all can take to improve and protect our environment, particularly our beautiful ocean. Moreover, these are actions that I have taken myself and am continuing to take so that I can contribute to bring positive change for our ocean. If I can take it, I believe you can take it too.

Don't wait for tomorrow. GET UP AND DO IT NOW!

Instagram Post: <https://www.instagram.com/p/CjpwfoOvhNP/>

