

Team name: Sustainasaurus  
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Daily personal care products Brooke:

Herbal essence shampoo  
Herbal essences conditioners  
Not your mothers Curl talk defining curl cream  
Trader Joe's oatmeal and honey soap  
Thayers facial toner  
Burt's bees targeted spot treatment  
Cetaphil daily moisturizer with sunscreen  
Vanicream lotion  
Arm and hammer deodorant

The product is created by the company Not Your Mothers and it is the curl talk defining curl cream. It scores a 4 on the EWG's rating system. A total of 5 ingredients are potentially dangerous. The ingredient that is the most dangerous is fragrance. It scores an 8 and is considered dangerous due to problems with allergies, endocrine disruption, and irritation. They have not found any effects of the environment caused by the products in this product.

An alternative that I found is Lyoba Organic Curl Cream. The ingredients are spring water, organic Irish moss, organic flax seed, castor oil, organic meadowfoam seed oil, organic avocado oil, organic shea butter, and essential oils. The original product cost \$8.99 for 6 fl.oz while the lyoba curl cream cost \$22.95 for 4 fl.oz. The products do very similar things and the biggest difference is that the lyoba is better for my body to use. I do not think I will make the switch. In the end it cost too much to make the switch and the effects of the Not Your Mothers product are not harmful enough for me to want to change.

Jack's daily personal care products:

Neutrogena Oil Free Acne Wash  
Old Spice deodorant  
Tresemme shampoo and conditioner

The product is made by Neutrogena and is called oil-free acne wash with salicylic acid. It scores a 5 on EWG's rating system. 10 ingredients score above 4 on the product list with another 9 scoring 2 or less. The most dangerous ingredient is fragrance with a rating of 8. The product has a high probability of being harmful for allergies, use restrictions, and immunotoxicity. This product is PETA certified and has not been found to be harmful to the environment.

Cetaphil Gentle Clear Salicylic Acid Acne Treatment Triple Action Acne Serum is a product that is sold by Cetaphil. The ingredients in this product are sodium hydroxide, salicylic acid, zinc gluconate, glycerin, propanediol, citric acid, water, copo-carylate, gluconolactone, succinic acid, panthenol, niacinamide, lysolecithin, sclerotium gum, pulalan, xanthan gum,

pantolactone, silica. I found this product by using EWG's website and searching for acne products then sorting by best to worst. This product is \$15 per ounce compared to my current product which is \$7 for 9.1 ounces. I don't think I will make the switch. I do believe that I will look for a safer product but because my current face wash isn't super dangerous and it is affordable it doesn't make sense to pay that much more for a product that is only a little safer.



**Not Your Mother's Curl Talk Defining Cream**  
 Cost: \$8.99 for 8 fl.oz

Ingredients  
 WATER (AQUA), POLYACRYLAMIDE, C13-14 ISOPARAFFIN, SHEA BUTTER ETHYL ESTERS, POLYQUATERNIUM-10, LACTOBACILLUS/TOMATO FRUIT FERMENT EXTRACT, ORYZA SATIVA (RICE) EXTRACT, KERATIN AMINO ACIDS, LEUCONOSTOC/RADISH ROOT FERMENT FILTRATE, ACYL COENZYME A, DESATURASE, LAURETH-7, PG-HYDROXYETHYLCELLULOSE, COCODIMONIUM CHLORIDE, FRAGRANCE (PARFUM), DISODIUM EDTA, PHENOXYETHANOL, ETHYLHEXYLGLYCERIN.

Potential Hazards  
 This product can be hazardous for people who suffer from allergies, endocrine disruption, and irritation.

Product Availability  
 You can buy this product in most retail stores (Target, Walmart, etc.) and beauty shops.

Function  
 To maximize definition and keep curly hair from becoming frizzy.



**YOBA Organic Curl Cream**  
 Cost: \$22.95 for 4 fl.oz

Ingredients  
 spring water, organic Irish moss, organic flax seed, castor oil, organic meadowfoam seed oil, organic avocado oil, organic shea butter, essential oils

Potential Hazards  
 For development and reproductive health

Product Availability  
 On their website (currently sold out), or at Target

Function  
 Helps to achieve frizz free perfect curls

- YOBA is a black women owned business
- All packaging is made out of recycled and or recyclable materials
- Company focused on making products that do not harm the environment or people

**Conventional**  
**vs.**  
**Conscious**  
**Body Products**



**sustainasaurus** What you use to wash and take care of your body could be doing more harm than good! The FDA doesn't have to approve body care products ever and companies know this. Using conscious products can keep carcinogens and other toxic chemicals out of your body. @turninggreenorg @environmentalworkinggroup #PGC2022

2 minutes ago