

- ***Nombre del equipo:***

Q'omer Sullullchay

- ***Nombre de usuario:***

Emerson

- ***Escuela en carga:***

Universidad Nacional de Ingeniería

## Publicación en Instagram:

<https://www.instagram.com/p/CiSjoYwOApN/?hl=es-la>



🍌 Food security is a social justice issue built on the foundation of discrimination towards black folks, indigenous people and people of color. 🍌 Most impoverished areas are a product of redlining that creates low-income, minority communities. Redlining leads to lack of resources, little to no community funding and health disparities. 🌱

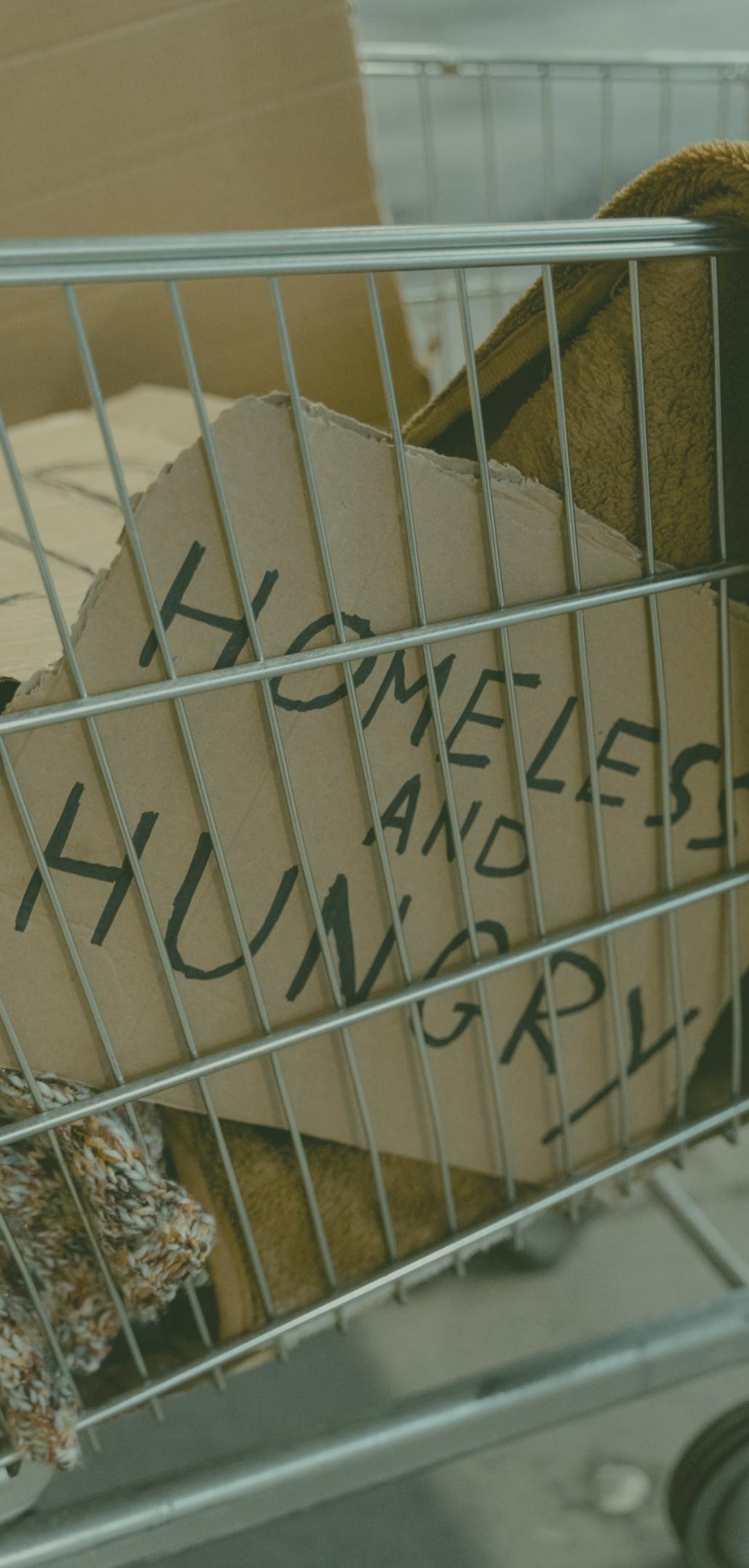
[@turninggreenorg](https://www.instagram.com/turninggreenorg) #PGC2022

# FOOD

#Q'omer sullullchay







## **Food deserts**

**low-income  
communities  
lacking stores  
that sell healthy  
and affordable  
food**

**People who live in these  
kinds of neighborhoods  
are subjected to hunger,  
poor diets, obesity, and  
other diet-related illnesses**

# A plan to take action

Connect with a Move For Hunger team member to learn more about fundraising

1

Tell my friends, family and community about the issue of food security and hunger and encourage them to donate money

2

START A FUNDRAISER

Collect money

3

Hold a fundraiser to provide Move For Hunger with the resources they need

4



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**#PGC2022**

**#Day3**

**#Food**

**#TeamQ'omerSullullchay**

## FOOD SECURITY

Nowadays, food security is one of the most important environmental problems in Perú and in the whole World too. This issue is related to redlining that is a discriminatory pattern of obstruction that put minority communities at a disadvantage. For example, supermarkets are disinterested in building store locations in low-income neighborhoods. Not only that, but also it can cause neighborhood economic decline, lacking basic services like healthcare, banking, fewer job opportunities and limited access to nutritious food to put on the table.

The main consequence of redlining are food deserts that can be defined as low-income communities lacking stores that sell healthy and affordable food. People who live in these kinds of neighborhoods are subjected to hunger, poor diets, obesity, and other diet-related illnesses. In addition to this, these communities have no access to supermarket chains that provide organic, natural, and pesticide free foods, as a result they are at a disadvantage because access to nutritious food is disproportionate.

In my community there's some people who have no access to basic services like health insurance, water, energy and internet. Most of them live in remote and inaccessible places where there are no supermarkets nearby and they don't have cars, so it's hard for them to find organic and healthy products. Another point that should be considered is that organic and pesticide free food in my country are not affordable for everyone because their price is usually higher than other products.