

Name: Team Green Bean

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School: North Allegheny Senior High School

Responses:

Things water brings me:

- Hydration
- Plumbing (going to the bathroom, showering, brushing teeth, self care, etc.)
- Houseplants/plants in my garden
- Food and drinks
- Electricity
- Everything that uses water to be made (clothes, cars, electronics, etc. -- pretty much everything!)

- **What surprised you about your relationship with water?**
 - I knew, as a concept, that water was important. After all, humans are made up mostly of water, and we need to drink it to live! However, I didn't know that my relationship went so far beyond the obvious, including manufacturing my favorite goods, growing my favorite foods, and pretty much making the world go round. It was really eye opening to realize just how vital water is to everything.
- **How can you be more mindful and appreciative of water going forward?**
 - From now on, I'm going to take time out of my day to really think about just how important water is and how I can minimize my excessive use of it. For example, I will take little actions such as turning the faucet off when I brush my teeth, taking shorter showers, and not flushing every single time I go to the bathroom. In addition, I will definitely think more about where my products come from and whether they are efficient and sustainable with the water needed to produce them.

Michelle's Answers:

- What surprised me about my relationship with water was how connected every action in my life is to it. Yes, water is the sustainer of all life, but after doing these challenges I realized how true that is
- I can be more mindful and appreciative of water by being more aware of how much water I am using and when I am using it. Whenever I am using water (e.g. washing my hands) I can take a second to really think about what water is doing for me in that moment and remember how privileged I am to be able to have such easy access to clean water.

Art Piece:





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Posts



pgcteamgreenbean



pgcteamgreenbean Water is everywhere... it makes up everything, including you! I knew, as a concept, that water was important. After all, humans are made up mostly of water, and we need to drink it to live! However, I didn't know that my relationship went so far beyond the obvious, including manufacturing my favorite goods, growing my favorite foods, and pretty much making the world go round. It was really eye opening to realize just how vital water is to everything. From now on, I'm going to take time out of my day to really think about just how important water is and how I can minimize my excessive use of it. For example, I will take little actions such as turning the faucet off when I brush my teeth, taking shorter showers, and not flushing every single time I go to the bathroom. In addition, I will definitely think

