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Carlmont High School

Eco-Hero

Day 25 - **greenest**





ECO-HERO

Harmonie Ramsden



Harmonie Ramsden

about

Harmonie is a junior at Princeton High School, New Jersey. Within her community, Harmonie has been involved in youth climate strikes and in-person political action. She joined Project Green Challenge to focus on herself internally by evaluating various environmental issues and learning about ways she can make a difference on an individual scale. Her strong commitment to the challenge has also earned her several daily challenge wins!

eco-hero moment

Harmonie felt most like an eco-hero during the climate justice challenge. Growing up in a predominately white upper middle-class neighborhood, she understands her privilege very well. Through focusing on the indigenous people in America, she gained a new perspective of racial injustices within the environment. While she noticed injustices towards indigenous people at school and through the BLM movement, this challenge allowed her to connect the inequities she sees at school with climate change. As an eco-hero, she says, "Even though I am not someone who is hugely affected by climate justice because I'm not a part of many marginalized communities, I can still make an impact and spread word about these issues."

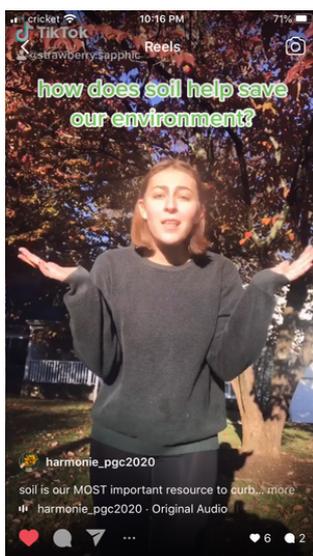
most resonating themes

The Fashion and Soil challenges were most resonating to Harmonie because they were the most influential internally and externally. She realized that both of these challenges require dramatic shifts in the systems we have now, such that the fashion industry is mostly dominated by fast fashion retailers who don't care about ethical practices. She recognized that the issues she learned about in the Soil Challenge were very similar to the fashion industry because of the farmers who are exploiting land for economic growth. Noticing these destructive cycles had a big impact on how she viewed climate change and climate justice. She mentions that carrying these learnings forward requires consumers to demand better from the companies, which will ultimately help bring about the change we wish to see.

moving forward

PGC has inspired Harmonie to connect climate change more into her everyday life. Although a lot of the things we do may seem unrelated to climate change, she notes that "The environment runs through everything. No matter what you're doing, there's some kind of environmental aspect to it." Similar to noticing parallels between fashion and soil, she has started thinking about what she can do to help resolve the climate crisis even while doing things that seem unrelated at first glance. For instance, the cookie store she works at uses lots of plastic to wrap all the cookies, which made her think about whether they could integrate more eco-friendly practices at work. Although she doesn't plan to major in anything related to the environment, PGC has showed her that everything somehow connects to the environment and she can move forward in that sense.

Favorite submissions



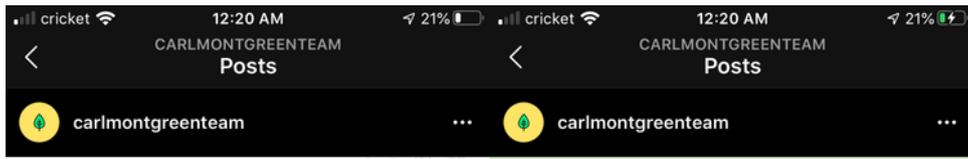
I loved the creativity in these two submissions! Coincidentally, these were also the themes that most resonated with her throughout PGC. Upcycling and TikTok queen :)

Harmonie has done incredible things. This is a picture of her and a climate group speaking at the UN for the Day of Peace!





Social Media



Harmonie Ramsden



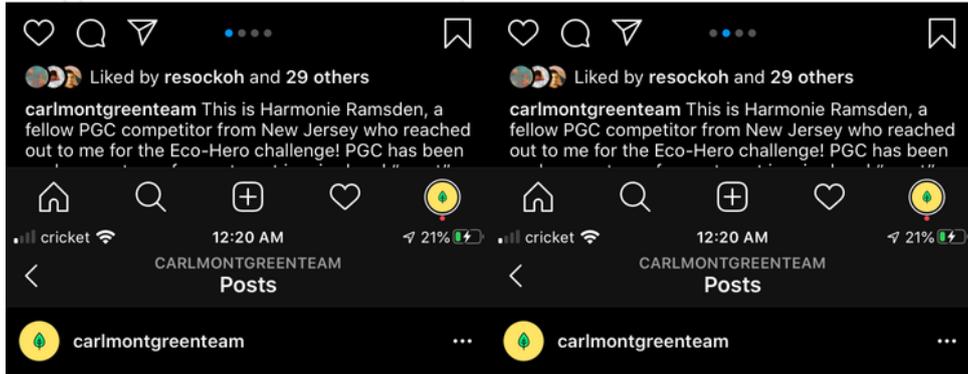
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