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GREENEST CHALLENGE

- **Collect the clothing you have outgrown or plan to toss. Take a closer look and brainstorm ideas to repurpose them.**

I separated some clothes in good condition but that they no longer fit me, I consider that these clothes are better to donate; but I also found clothes that were very worn, among them were some jeans that were torn and old but had parts that could still be used.

One of the options you could do with that jean is to make a small backpack, pencil case, purse, a simple headband, small bag, among others.

But I decided to make a backpack since I had additional material to embroider small flower designs to commemorate our nature. When I did it, I had a bit of fabric left over so I decided to make a headband as well.

- **Give new life to your old clothing.**

Old clothing:

My upcycled creation: Headband and backpack

Post:

Reflect upon what you've learned about fast fashion.

What I learned from fast fashion is that it is present in our lives although sometimes we try to avoid it, giving a second life to jeans gave me a great lesson that I could create other objects and thus avoid an unnecessary purchase. In addition, we must also regulate our purchases and not be guided by fashion since the textile industry is one of the most polluting sectors due to the large amount of waste that is generated.

How will repurposing fight the cycle of fast fashion?

The reuse of clothing helps our generation of waste decrease, since we would not be throwing it away but giving it a second use, collaborating with the circular economy by no longer requiring new natural elements and the entire production process of the industries.

What else can you do to make your wardrobe more sustainable?

I can decrease my clothing purchases, buying only when necessary and needed. Do not be guided by fashion or advertising, since it encourages to discard clothes in good condition. Also make a list of all the clothes that I have to be able to have an idea of everything I have and thus realize all the amount that I have and moderate it.

Also if we have siblings of similar age, we can share clothes like coats or t-shirts. I usually do that with my mom and my sister. In the case of being clothes that you only wear a few times as a party dress, it is better to be able to acquire it through rent.

INSTAGRAM: https://www.instagram.com/p/CGTvvUVjVqJ/