

Day 11 – greener



Adventure

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Plan

Destination: Crystal Springs Reservoir



Travel arrangement:

I'll be driving there; it's about 20 minutes away from my house. Then I'll walk along a trail and see where it takes me!



Snack:

- organic nectarine + cuties



Waste:

- Reusable water bottle (Hydroflask)
- Bees Wrap for the fruit



Attire and gear:

- thrifted North Face jacket
- joggers from Japan
- Nike shoes I've had for 5 years
- reusable mask



Accessibility:

Open! Just wear a mask and stay 6 ft. apart from others



attire :)

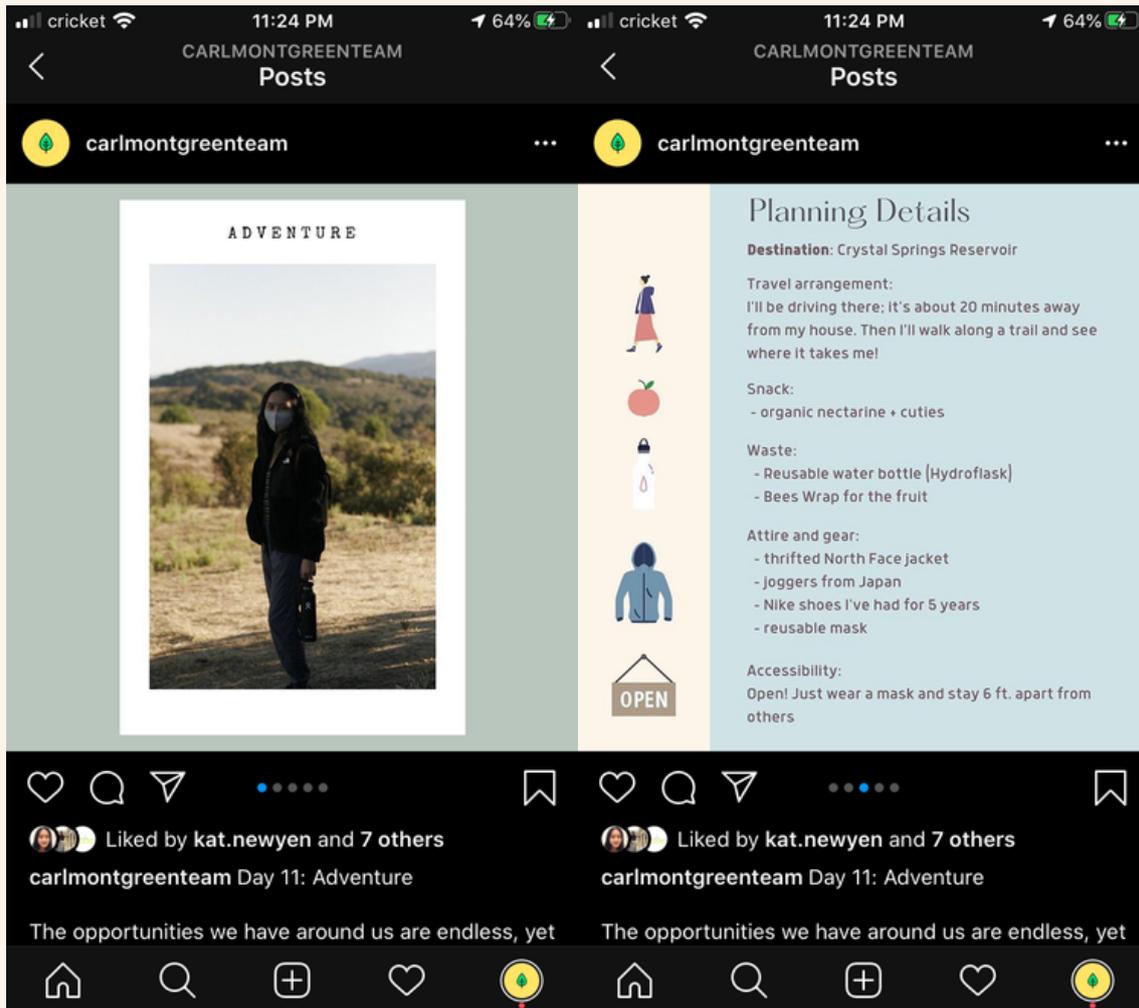


snack

I followed the seven principles of Leave No Trace by creating this plan and thinking about what I needed to bring. Preparing for this adventure allows me to focus on enjoying myself at the destination and having everything I need in case I get hungry, thirsty, cold, etc. I'll be taking note of the other six principles when I reach my destination!

Learning about these seven principles made me realize how unaware many of us are when we go outdoors unprepared. Although this sounds like a fun idea, it can be harmful to the environment especially if we end up having to unnecessarily purchase plastic water bottles or not having a plan to dispose of our waste. This is why we come across litter in nature; when someone doesn't clean up after themselves, the trash is likely to stay there because there are rarely any trash cans and it's our responsibility to take everything we bring with us, not someone else's.

Social Media



Caption:

Day 11: Adventure

The opportunities we have around us are endless, yet many of us seem to overlook the outdoor spaces we have nearby. Although it's different for everyone, I never realized that I lived near so many opportunities to explore the outdoors. When we think of the word adventure, it usually means going far, but adventure is simply the the journey after reaching the end of the roads you know.

Getting outside and savoring the planet's beauty is the best way to develop a deeper appreciation for nature and the planet. By respecting our natural world, we will have a greater incentive to fight against the people who are destroying our forests and fight against the intense climate change that creates fierce natural disasters. Follow the seven principles of Leave No Trace to minimize your impact on the environment whenever you decide to explore the outdoors!