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On my little trip I wasn't sure where I was going (does anybody even know?) but I needed to trust myself, to follow my instincts and make sure that the place matched where my heart needed to be. I ended up walking next to the jogger track, watching some people concentrating on their running or simply walking like me. I noticed the sun on my face and behind my mask, a smile was the natural response of starting to feel connected to Mother Nature.

I left the main road and started walking into the woods where I spotted some birds, squirrels and little lizards running to hide when they heard my footsteps. I usually listen to music when I am walking, however I decided not to bring my headphones and listen to the gorgeous chant of the nightingales.

My journey ended up sitting near the artificial lake at the center of the park, contemplating the serene waters that in a world pre pandemic would usually be filled with boats and families. I ate some fruit that I brought in my container and refilled my water in a special font. I didn't notice before but I was genuinely happy: all the stress from exams week was gone and I felt so grateful that my city has a special place like this. I thanked Mother Nature for allowing me to be present and for giving us ingrateful humans little paradises in the middle of chaos. Then I went back home.

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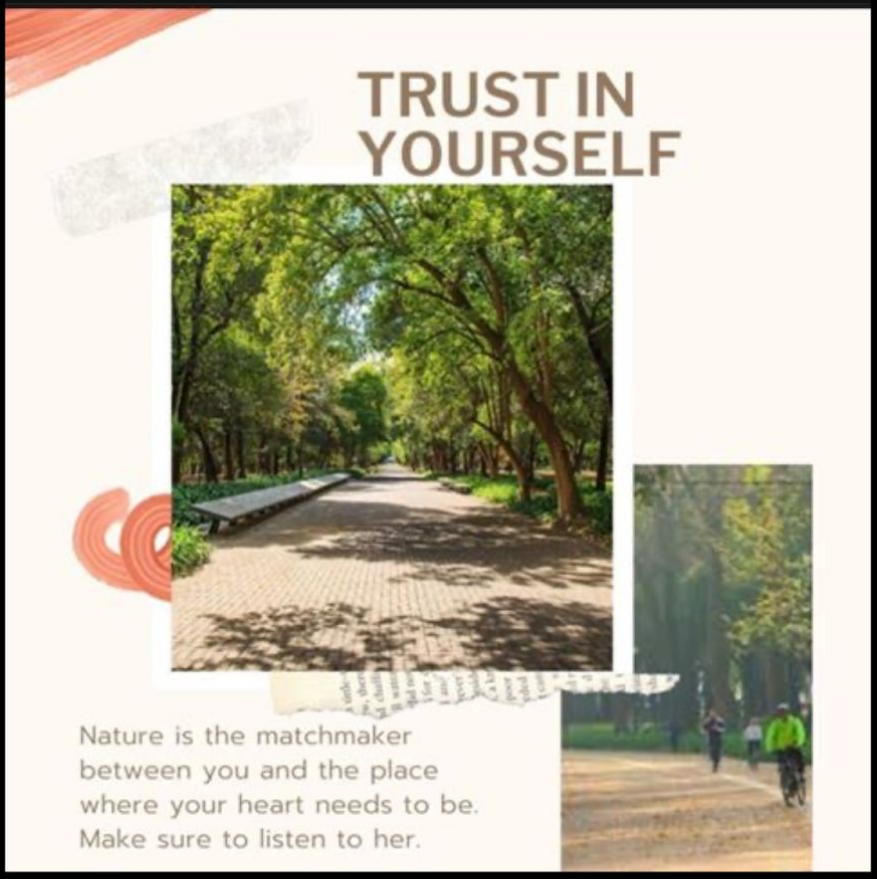

greenpeacegurl “Dude,there is always something to smile about, always”
-Joey Richter.
Let’s smile about nature, let’s smile about being alive (I know you’re smiling behind your mask) 🌍🌺
@turninggreenorg @kleankanteen #pgc2020

Hace 7 segundos · **Ver traducción**