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Day 11 Greener Challenge

My Chosen Intentions are to live in the moment and appreciate small things.

My Destination: I'm choosing to go hiking in a local site called Canyon View. This isn't generally crowded and it is a long path, so it will be easy to avoid other hikers in precaution for CoronaVirus. It is about a 5 minute drive to get to the entrance of the trail and from there you walk and hike up the mountain and through the dirt trails. I live in the Chaparral Area, so there are a lot of shrubs, bushes, and some grasses and trees. There is a distinct path that I will stay on, too.

Snacks and Drinks: I will bring my mid-sized HydroFlask reusable water bottle in my backpack. This keeps my water cold and supplies enough water for me for the entire hike! I would bring grapes as a snack, if we have organic grapes I would choose those because grapes are a part of the dirty dozen. If it becomes an extended hike, I'll bring a bagel with avocado as the filling. The bagels that I use are organic, vegan, and full of protein!

Waste: I will make sure to leave no waste behind. First of all, I will bring all of my food in reusable containers that my family already owns as well as reusable ziploc bags. These bags are like the generic ziploc bags, but they can be reused and washed and they are more sturdy/lasting. My water bottle is reusable as well! I'm going to admire the beautiful nature and plants, but I will be sure to leave everything I find there!

Attire and Gear: Because my family owns enough clothes already, we haven't purchased any more sustainable or second hand clothing specifically for hiking. I plan on wearing a shirt that I got from a thrift store years ago with some of my other old clothes. All of my family members wear reusable masks as well in case we ever run into other hikers. These masks cut down on all the waste that generic single-use masks bring. It will be more of a simple hike, so no intense gear is needed.

Accessibility: This hiking location is open to the public and is free. Around my house there are many trails close by that are all free and relatively long. Right now due to CoronaVirus, it is important that we avoid other hikers and stay distanced with masks. Other than that, the other precautions involve wild animals. There are mountain lions, snakes, and other species that live in these mountains and can interfere with the trails. It is important to remember that this is their home, but also to stay away because they are dangerous.



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My Hiking Adventure Plan:



Where am I going?

I plan on going to a local trail called Canyon View. It is a short drive from my house and has long trails through the chaparral mountains. I will make sure to stay away from all other hikers and wear a mask!

What Snacks?! What Drinks?!

I plan to bring organic grapes and an organic, vegan bagel filled with avocado!
I will bring water, too.



How Do I Plan on Reducing Waste on the Trail?

I will bring my food in reusable, sturdy ziploc bags and also in containers. My water will be in a medium sized klean kanteen bottle that is reusable and long-lasting.

What Attire and Gear?

I won't need to much intense gear for my hike. I will wear my reusable mask that can be washed and old clothes that I've owned for a long time in order to not repurchase any unnecessary clothing. My t-shirt is thrifted, too!



What's the Accessibility?

This trail and all the trails near it are actually free and open to the public! There are precautions of animals who live by the trails though, including mountain lions and snakes. So be careful, but remember it is there home.



cami_pgc This was my hiking plan for today... nothing to extravagant but perfect for me and any other beginner hikers! I can't wait to use this plan on many more weekends! ❤️ ❤️ #PGC2020