

Project Green Challenge Day 2 – 2020

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GREENER CHALLENGE

Watch video and become familiar with Global Footprint Network's Earth Overshoot Day campaign.

THINK

Learn how 2020's Earth Overshoot Day was calculated. Read this article to gain insight into COVID-19 and the climate.

Share a paragraph about how COVID-19 has impacted your lifestyle?

COVID-19 has affected all of us ever since March. We have been battling this issue for over 6 months now, and there have been a lot of changes in my daily routine. Although I have managed to remain COVID-19 free, I have still been impacted by its consequences. My daily routine has shifted, with school changing to virtual rather than physical, internships being doing remotely, doctor appointments being moved to telemedicine, etc. Because my mother is immunocompromised, I have limited my outside workouts and adjusted them to be indoors and at home. We, as a family, avoid contact with others as much as possible, and implement any precaution we can to stay safe. In addition, while at the beginning of the pandemic, my mental health improved, over the past few months, the isolation and lack of activity has made it harder to deal with intrusive thoughts and other mental health struggles. On the positive side, one of the outcomes of COVID has been giving me more time to cook meals at home and consider new recipes. I've been expanding my vegan diet to include new foods. I have also spent more time researching how to continue my transition to low/zero-waste living and live more sustainably.

Choose one of Global Footprint Network's steps to help #MoveTheDate and answer the following questions to see how your personal footprint contributes to "global overshoot."

Which change and step did you take?

- I decided to take the step "Tell your city leader(s) you care about sustainability and want your city to enact policies to help #MoveTheDate of Earth Overshoot Day." This step towards #MoveTheDate aims to encourage citizens to use their voice and ask government officials to take action and enact policies that protect the environment and focus on sustainability.

What is your plan to follow through with that step?

- With the time COVID-19 has granted me, I have been able to be more vocal about climate justice and joined Sunrise Movement (Miami Chapter) to take direct action. Our work focuses on demanding local officials in office to prioritize the environment and consider policies that aim to protect the planet. Throughout the summer, we worked with Jen Perelman's campaign as her election campaign focused on climate and actively aimed to enable policies in support of the Green New Deal. Her campaign also supported mobilization on a national scale to transition to clean and renewable energy, banning fracking, and investing in a Florida Solar Initiative. Our work towards her campaign included panels to educate the public and endorse her as a candidate, as well as webinars on our work with Sunrise. In recent months, we have also been working directly with Daniella Levine Cava's campaign (candidate for mayor of Miami), as her ideas and goals as a candidate align directly with Sunrise's environmental policy perspectives.

Although COVID has not permitted, our work also consists of sit-ins and die-ins at local courts and government/city buildings as we demand for elected officials to hear our demands. However, we have been planning marches and protests as well as art-based movements to call on our elected officials to take action. This has been made possible through phone-banking for candidate campaigns.

PLEDGE

Craft a pledge to commit to making this change.

- I have officially joined the #MoveTheDate movement because I believe in the power of individual change when it comes to the world's ecological footprint. I pledge to demand that my city leaders take action by enacting policies to help #MoveTheDate of Earth Overshoot Day. I believe in the importance of the Green New Deal and support the investment of infrastructure that protects vulnerable communities, reducing carbon pollution emissions, and investing in clean renewable energy. Join me in #MoveTheDate.
- Share your pledge with a photo or short video on Instagram or another social platform. Be sure to tag @TurningGreenOrg, @GlobalFootprintNetwork and #PGC2020.

