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Ohio University
Monthly College Budget

| Category | Amount | Description |
| :---: | :---: | :---: |
| Laundry | \$100 for whole semester (Approx $\$ 23$ a month) | Laundry will be done once a week/ one load wash and dry |
| Food | \$40 | Food and drinks purchased outside of the schools dining plan. <br> This equates to two meals of campus. |
| School Supplies | \$10 | Majority of school supplies should already be purchased. This money is applicable to printing, writing utensils, or any other academic supply needs |
| Cleaning Supplies and personal hygiene | \$10 | This is for any cleaning supplies already purchased that run out, or things like toothpaste, deodorant, shampoo, hand sanitizer, etc... |
| Recreational or Student Orgs | \$35 | This will cover any costs associated with dues, fundraisers, and apparel for a student org or an event on campus |
| Other | \$15 | Charges that come up that do not fit this category, or fall under an emergency payment |

Cuts: I can strive to limit my off campus meals to once a month. I am currently paying for two meals a day, which is sufficient, meaning any meals that go unused are a waste on my part. By limiting to one meal a month, I can save $\$ 20$ a month. I can also decrease my recreational and
student org budget by $\$ 10$ a month. Campus offers a wide variety of free events for students to go to, and I can go to those as opposed to ones with a charge associated with them.

Total Savings: \$360 a year,
$\$ 1080$ over the three years I am currently projected to be at college

Environmental Impact: By choosing to eat on campus I am more likely to choose a meatless meal, or a meal that has a low environmental impact as opposed to when I go out to a restaurant. I also will be using less disposable goods, for at restaurants they give you an excess of napkins, and occasionally straws, while on campus there are no straws, and if I need a napkin, I can go get one.

By decreasing my student org budget I will be spending less on frivolous objects that I will use only once or twice, before placing them in a drawer to be lost for years. I will instead have my money focused on more important items and memories that will last a lifetime.

Three key benefits:
Saved money over the course of college would enable me to help pay for an apartment after college, or to invest in better supplies when I am employed.

By budgeting, I will learn valuable skills about the economy and personal finance for when I am out of college and are solely dependent on myself for every aspect of my life.

I will decrease my ecological footprint by cutting out items that get few uses, or meals that require a great deal of time, energy, and water to produce.

