

Team: HydroFlex on 'em

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For a while now I have been meaning to replace my single-use cotton rounds with reusable fabric patches and I thought that now would be a great opportunity to do so! I gathered some thick cotton fabric from an old pair of PJ pants and cut it into circles and, with the help of my roommate, sewed together each cotton round to make the pieces thicker and sturdier. Together we had enough fabric for two sets. Now, when I apply facial toner or use makeup remover (things that I already do multiple times a day) I can use my reusable fabric rounds instead of throwing away a cotton round every single time I wash my face! I am storing my rounds in a small box inside my medicine cabinet. After the fabric gets dirty, I will simply throw it in the hamper with my laundry and wash it with the rest of my clothes. In this way, I am not using any more water or soap than I usually would, and I can always have a set of fresh cotton rounds without adding anymore waste to the environment!



Next I made a one-page educational sheet that listed out the steps for making your own reusable cotton rounds. I showed the sheet to my friends in my dorm and they were surprised that I was able to make these patches on my own (as opposed to just buying them) and we were all in awe when we thought about how many pieces of waste this could reduce over the next month or the next year. My friends definitely enjoyed my DIY product and seemed open to switching to reusable cotton pads in their own routines and now that they know how, it is a real possibility that they *will* switch.

Below is the educational piece I made to show my friends:

How to DIY reusable cotton rounds:

1 Cut the fabric into identical circles using the top of a jar or cup as a template.

Supplies:

- cotton fabric
- fabric marker
- scissors
- needle
- thread
- jar or cup

2 Use the needle and thread to sew a tight stitch all the way around the edges of the circles.



3 Place your reusable rounds in a box and throw them in with your laundry after use.

Organization Tip:

Place your cotton rounds in a glass jar for cute and tidy counter storage!