

The Recipe:

I chose to do a DIY facial toner!

I followed Tracey Black's (Don't Mess with Mama) recipe.

<https://dontmesswithmama.com/diy-facial-toner/>

The **ingredients** called for

- 5 tbsp filtered water
- 3 tbsp apple cider vinegar
- 5 drops lavender essential oil
- 5 drop frankincense oil
- 2 oz spray glass bottle

Sourcing:



I sourced my ingredients from things I had at home, double checking if the products were **organic** and **safe**. The Trader Joe's Unfiltered Apple Cider Vinegar was USDA certified organic, which I happily discovered. I also decorated the bottle using paper scraps from my mom's scrapbooking.

Storage:



I stored my toner in an **old spray bottle** that I kept. I was able to **repurpose** a plastic 4 fl oz spray bottle (from Mario Badescu) that I stored for later use! Reusing the plastic item helps make sure it doesn't go to the landfill and pollute ecosystems immediately.



Reactions:



Reaction to Product:

I gave the diy toner to my mom to try at night as she was getting ready to wash her face! Originally, she was wary, but once I told her the ingredients (and lack of unknown ingredients) she happily tried the toner. She commented that the smell of the apple cider vinegar was not strong, but she instead smelled the pleasant lavender essential oil. We decided that this was a bonus, as lavender is very calming, which is perfect for nighttime. She decided to try it and implement it throughout her routine this week and compare it to the product she usually used. **My mom definitely enjoyed the DIY product, and considered switching to it after hearing my verbal presentation.**

Sharing Information Reaction:

After my verbal **presentation**, my mom was **worried**, but also skeptical about the information. I ended up pulling up the **chemicals** in google and showing her descriptions and possible **health damages** many of them had, as well as showed her the “The Story of Cosmetics” video. After, she was thoroughly convinced, as well as concerned. **I made a deal with to search/shop for eco-friendly products as well as healthy products over the weekend**, as well as showed her the brand Acure.