



Decluttering My Closet

Green Goddess

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Why I Chose to Declutter My Clothes



- ❖ As someone who likes keeping up with current style trends, I am guilty of collecting too many clothes
- ❖ My closet is seemingly overflowing at times and I have more clothes than I need
- ❖ I figured I would take this opportunity to declutter and think more like a minimalist

Clearing the Clothes Out of My Closet

- ❖ I'm going to be honest, I didn't realize how many clothes I had until I pulled them all out of my closet and put them in a massive pile on my floor
- ❖ It covered a large part of my room and I knew that I needed to declutter my clothes majorly



Sorting My Clothes by Type



- ❖ Then, following the minimalism plan, I sorted my clothes into different categories
- ❖ I split them into T-shirts, blouses, dresses, shorts, skirts, pants, and jackets before deciding what to keep and what to declutter

How I Decluttered

- ❖ I went through each individual piece of clothing and asked myself three questions
 - Have I worn this in the last few months?
 - Will I wear it again in the next few months?
 - Why am I keeping this and does it make me happy?
- ❖ If I answered no to any of the first two questions or had any doubts about the third, the item went in the declutter pile



Why Decluttering was Hard for Me

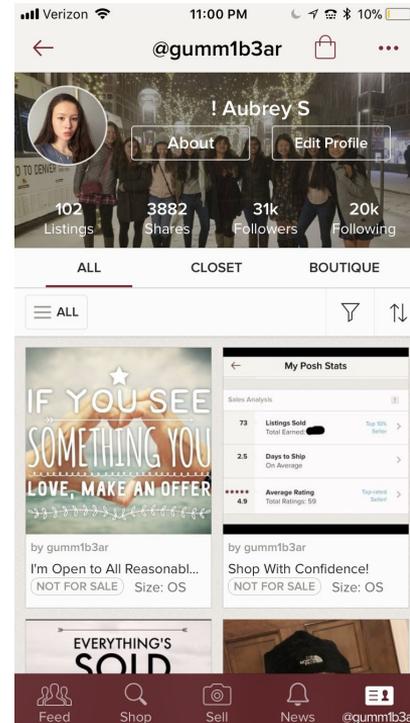


YOUR
CLOTHES

- ❖ This was the hardest part to me, because I had a sentimental attachment to some of my clothes
- ❖ I did not realize before watching today's video that the reason it was so hard for me to get rid of some of my clothes was because I was emotionally attached to them, but after learning more about decluttering, it was easier

What I Decided to do With What I Decluttered

- ❖ I have an online boutique on a website called Poshmark, where I resell my secondhand clothing/accessories
 - While I did not get a chance to upload what I decluttered today, I will do so in the next few days
- ❖ I donated some clothing that would be difficult for me to sell online to my local Goodwill, so that someone else can enjoy them



What I Learned From This Challenge



- ❖ I don't think most people realize how attached they are to their stuff, even if it has no practical purpose
- ❖ I was attached to some of my clothes, like a dress I wore to a wedding, or a blouse my grandmother gave me, but I realized that I don't need these items if they aren't being used
- ❖ I would like to thank PGC for informing me about our attachments to tangible items and for giving me this opportunity to clear out my closet!