

## Decluttering (part of) My Life

I have heard about and watched a few videos about minimalism before, and I always thought it was pretty neat, so I'm glad to have the opportunity to try it out! I decided to go for the Day 1 of the 30 Days to Minimalism so that if I want to continue I can go in order. That, and I use my precious backpack constantly and never get a good chance to clean it out. I just got back from a vacation where I used my backpack as luggage, so this is also just something I really need to do ASAP anyway.

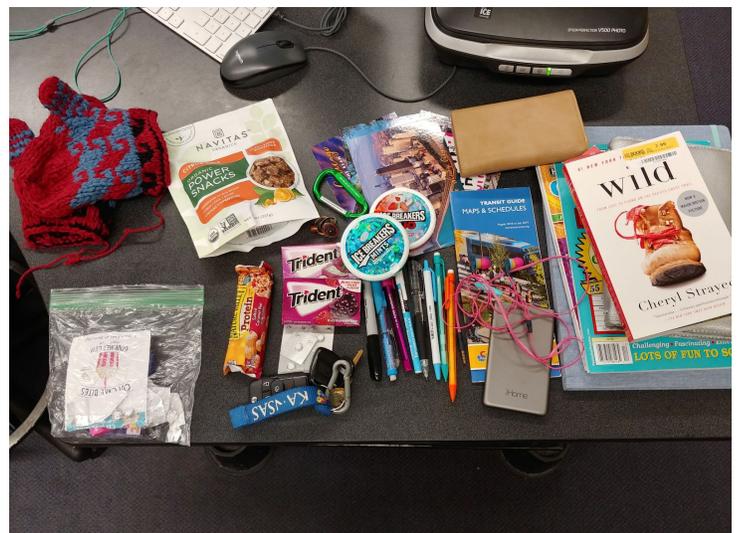
I first photographed my backpack as it was, and it wasn't as bad as I thought it was, but it still needed some help. Mostly everything was fine, but there needs to be some reorganization. My main compartment was fine, because everything in there is too big to go anywhere else. The top pocket was messy and full of trash and things I didn't need in there. I had empty gum packs, wrappers, and some other miscellaneous waste that I was just keeping in my bag because I couldn't throw it away or was just too lazy. The front pocket wasn't that bad, but needed some love.

I gathered everything and put it out on the table, then parsed through and found the trash. I then started going through and reorganizing everything, and even though I went through and tried to identify anything that I might not need, other than trash, I couldn't find much. I don't usually carry unnecessary things with me unless I'm on my way to throw it away. The main thing I need to stop carrying around are the postcards I got from my vacation to Chicago, so once I get home I'll need to take them out of my bag and hang them on my wall. Now everything is where it should be and the things I don't need I'm not carrying around anymore.



← Trash

All my stuff →



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After this challenge, it would be amazing to continue this in my life. I do really like the idea of not having that much to worry about in my life, and I want to prevent the accumulation of junk in my life. I've been living in my new apartment for a couple months now, and it's still pretty clean and clear, so I want to get rid of the things I already have that I don't need. In my past dorms I have had so much stuff I didn't need once I moved out at the end of the academic year, so my goal will now be to prevent that accumulation of useless stuff. This was a great start to a good process of minimizing my junk and my impact.