

Extra Credit Day 17

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Tampon Tampering



What is Tampon Tampering?



- Did you know there are many toxins in the tampons that you are using in your life?
- Toxins that can actually cause birth defects and even infertility
- Take a look at these next few slides to learn about what you are actually putting inside your body

The toxins found within



- According to natracare, there are many toxins found within the non organic cotton tampons.
- A study by the FDA Office of women's health, published in 2005, found detectable levels of dioxins in 7 brands of tampons. Below is link on that article.
- <https://www.liebertpub.com/doi/abs/10.1089/jwh.2005.14.311>
- Even when the levels are low in these dioxins, it still causes concerns because tampons come into contact with some of the most absorbent tissue in the body.
- Natracares certified organic cotton tampons were also tested and did not contain any of these dioxins.

Tampon Usage



- So according to <https://www.womensvoices.org/feminine-care-products/> , most of today's feminine products contain a host of chemicals that may cause cancer, disrupt hormones, or cause unnecessary allergic reactions.
- Tampons are used by about 70% of menstruating women in the U.S.
- The food and drug administration does not require companies to test for all harmful chemicals, nor do they require companies to give disclosure to all harmful chemicals within the product

What do we need to do?

- Given the widespread use of these products, the particularly sensitive exposure route for women, and the lack of regulatory oversight, Women's voices for the Earth is working to eliminate toxic chemicals from the \$3 billion U.S. feminine products market
- I never personally thought it was in more stuff than just the foods we eat, but for it to be in products that women are using on the daily is ridiculous. You know when women go to the doctor and they need to figure out what is wrong with their hormones or why they lost a kid. Does the doctor ever consider that maybe it's the type chemicals and toxins that are being put into their lifestyle tampons?
- Maybe the doctor does consider it but i guarantee it's not the first thought to mind.

Social Media Post

The image shows a screenshot of a Facebook post. At the top, the browser's address bar shows several tabs: "Extra Credit Day 17 - Googl", "Feminine Care Products - W", and "1 2018 Day 17 V". The Facebook interface includes a search bar and the user's name "Kaleb" in the top right. The post is from "Kaleb Cuda" and is timestamped "Just now". The text of the post reads: "Alright guys so for some extra credit I got to do some research on Tampons. Alright now just bare with me now. Did you know that many brands of tampons actually contain toxins and chemicals that can harm you? attached is a PowerPoint to learn more about this. Some of the stuff will blow your minds!" Below the text is a link: "Natracare Beauty Made Safe Women's Voices for the Earth". The main content is a PowerPoint slide titled "Extra Credit Day 17" with the following text: "Babycuda98", "cudabear1998@gmail.com", "Kaleb Cuda", and "University of Wisconsin Stevens Point". Below the slide, the text "DOCS.GOOGLE.COM" is visible, followed by the title "Extra Credit Day 17" and the link "Extra Credit Day 17 Babycuda98 cudabear1998@gmail.com Kaleb Cuda...". The post has interaction buttons for "Like", "Comment", and "Share". A comment box is visible with the text "Write a comment...". At the bottom, the start of another post by "Shaina Ducklow" is visible, dated "23 hrs".