

Lara Breithaupt
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laracbreithaupt@gmail.com
Bloomington High School South

Greenest Day 7

Dear Congressional Candidate Liz Watson,

I am writing on behalf of myself and other students at Bloomington High School South who are concerned about the lack of organic and local produce available in our public schools in Monroe County as well as the benefits of local and organic food. I understand that local and organic food and products are often more costly than others, but I believe that implementing organic food into the school lunches would be highly beneficial, and these benefits could outweigh the costs of the products.

As I understand it, you stand for defending our public schools. With this comes concerns about the food that most students eat every day. Many students rely on school lunches to provide nutritious meals, as they are not presented with such meals at their homes. Currently, many students eat pizza and chips every day, or other unhealthy meals. If these options were replaced with well balanced, organic meals, the students would not only be healthier, but they would have more energy throughout the day. According to many studies, how one's food is grown or raised can have a major impact on one's mental and emotional health as well as the environment.

Environmental issues are pressing and need to be addressed now. We are at a tipping point when it comes to climate. There is no going back if things continue how they are right now. Food production makes a large contribution to climate change, whether it is through transporting, feeding animals, or having grazing land for animals. With organic food, there are much fewer chemicals in the food, which helps with physical health, but with local food, one gets these benefits with the reduction of carbon emissions from transportation.

Thank you for your time hearing my views on this issue. Again, I would like to stress that organic and local food and resources are vital to the growth and prospering of schools in Indiana and our country as a whole.

Sincerely,
Lara Breithaupt

My Email:

Ideas Concerning Organic and Local Food

lizforindiana@gmail.com

Ideas Concerning Organic and Local Food

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laraprojectgreen Writing to your local government officials is vital to making change! Everyone should advocate for the issues that they're passionate about! You can call, email, or write a letter to any of your representatives! @usda_ams @turninggreenorg #PGC2018

11 SECONDS AGO