All-Natural DIY Products

Allergies:

- Some recipes contain ingredients derived from tree nuts, recipes without those ingredients or substitution options given will be tagged "Tree Nut Free".
- If you want to try a recipe that has an ingredient you can't use, simply search "Substitutions for _____." For example, some recipes call for tree nut oils, often referred to as "carrier oils". These oils can be replaced with Grapeseed Oil.

<u>Deodorant</u>

Deodorant Stick: <u>https://thehumbledhomemaker.com/natural-homemade-deodorant-recipe/</u>

Soaps, Shampoos, + Conditioners

- Beginner Soap: <u>https://thethingswellmake.com/making-a-basic-beginner-soap-and-then-making-it-fun</u>
- Body Wash (Contains Honey): <u>https://www.diynatural.com/homemade-body-wash/</u>
- Hair Mask (Contains Honey):
 <u>https://www.simplyhappenstance.com/diy-hair-mask-body-scrub/</u>
- Shampoo: <u>https://www.homemademommy.net/2014/02/homemade-rosemary-peppermint-shampoo.html</u>
- Coconut Milk Shampoo: <u>https://wellnessmama.com/3701/homemade-shampoo/</u>
- Deep Conditioning Recipes for Black hair: <u>https://youfro.com/homemade-diy-conditioners-for-natural-hair/</u>
- Dry Shampoo (Tree Nut Free):
 <u>https://abeautifulmess.com/2017/06/make-your-own-nontoxic-dry-shampoo.html</u>
- Dry Shampoo: <u>https://manforhimself.com/grooming/hair/shampoo-conditioner/diy-dry-shampoo-wash-hair-less/</u>
- 11 Body Wash Recipes (Some Contain Honey): <u>https://helloglow.co/11-ways-make-homemade-body-wash/</u>
- Flax seed gel for Curly Hair: <u>https://www.naturallycurly.com/curlreading/ingredients/the-best-diy-flax-seed-hair-gel-recipe-eve</u> <u>r</u>

Skincare (sunscreen, lotions, facemasks)

• Sunscreen: <u>https://dontmesswithmama.com/homemade-diy-sunscreen/</u>

- Sunscreen Bars: <u>https://wellnessmama.com/4844/sunscreen-bars/</u>
- 3 Natural Skincare Recipes for Black Skin: <u>https://www.thatsister.com/3-homemade-natural-skincare-recipes-for-black-skin/</u>
- Easy Bath Salts (Tree Nut Free): <u>https://dontmesswithmama.com/diy-relaxing-lavender-bath-salts/</u>
- 8 Easy Honey Mixture Facemasks (Tree Nut Free, Contain Honey): <u>https://dontmesswithmama.com/diy-honey-facial-mask/</u>
- Face Exfoliant and Moisturizer (Contains Honey): <u>https://s.docworkspace.com/d/ADnRejHo4YhLoLSA56KdFA</u>
- Blueberry Face Mask (Contains Honey):
 <u>https://beautyandthefoodie.com/anti-aging-blueberry-enzyme-facial-mask/</u>
- Easy DIY Facial Scrub: <u>https://dontmesswithmama.com/diy-facial-scrub/</u>
- Simple Lotion Bars: <u>https://nofussnatural.com/make-lotion-bars-simple-lotion-bar-recipe/</u>
- Lotion Bars: <u>https://dontmesswithmama.com/diy-lotion-bars/</u>
- Homemade Hand Cream: <u>https://www.theprairiehomestead.com/2014/05/diy-hand-cream-recipe.html</u>
- Easy Hand Cream: <u>https://naturallivingfamily.com/homemade-hand-cream/</u>
- Easy Lotion: <u>https://wellnessmama.com/3765/homemade-lotion-recipe/</u>

Toothpastes

- Remineralizing Toothpaste: <u>https://wellnessmama.com/2500/remineralizing-toothpaste/</u>
- Toothpaste: <u>https://crunchybetty.com/homemade-toothpaste-want-to-ditch-the-fluoride/</u>
- Toothpaste (Tree Nut Free):
 <u>https://wildminimalist.com/blogs/news/diy-zero-waste-toothpaste-without-coconut-oil</u>

<u>Makeup</u>

Eyes:

- Mascara: <u>https://realfoodrn.com/homemade-mascara-recipe/</u>
- Eyeshadow (multiple colors):
 <u>https://www.thankyourbody.com/all-natural-homemade-eye-shadow-recipe/</u>

Lip Products:

- Herbal Lip Balm (Tree Nut Free): <u>https://lovelygreens.com/how-to-make-herbal-lip-balm/</u>
- Easy Coconut Oil Lip Balm (Contains Honey): <u>https://thecoconutmama.com/homemade-lip-balm/</u>
- Lipstick: <u>https://wellnessmama.com/25903/natural-shimmer-lipstick-recipe/</u>
- Easy Lipstick: <u>https://wellnessmama.com/5830/homemade-lipstick/</u>

• Colored Lip Gloss:

<u>https://naturallyhandcrafted.com/body-care-product-recipes/easy-homemade-lip-gloss-recipe/#:~:</u> <u>text=1.,oil%2C%20butter%20and%20beeswax).</u>

Shaving

- Shaving Cream: <u>https://healyeatsreal.com/diy-shaving-cream/</u>
- Shave Gel: <u>https://dontmesswithmama.com/diy-shave-gel/</u>

Due to the current situation, we thought it helpful to give some easy options with accessible ingredients. If you want to try out more DIYs, <u>this list</u> has 100 all natural recipes for products you can make at home.