Team Name: EcoExpress Username: Kristenay Email: <u>kristenyang02@gmail.com</u> School: Jericho High School

Not that many people know this about me, but I'm very passionate when it comes to eating organic and non GMO foods. Ever since I read "The Omnivore's Dilemma," by Michael Pollen, I've went on to read various books like "Lords of the Harvest" by Daniel Charles, The GMO Deception by Sheldon Krimsky and Jeremy Gruber, and the novelized version of "Food, Inc."

For today's challenge, I created a poster featuring two bunnies. The brown bunny is holding a carrot that's a little small and still has dirt on it. The roots are also dangling down from it too. This shows an organic carrot that was freshly dug from the earth. I made sure this bunny was happy.

The grey bunny is very sad, and is looking at the carrot in front of it. This carrot is vibrantly colored, and is oversized compared to the other carrot. I chose to protray this carrot as a GMO carrot, and the grey bunny isn't eating it because of the various health issues it can have later on, such as organ toxicity and infertility.

Here is what we posted onto Instagram!

← Comments

about why we shouldn't eat GMO foods, I can go on and on about what it does to you (for example, it can cause infertility!) GMO is mostly found in corn, which happens to be snuck into a lot of the processed foods we eat. It isn't called "corn," though. GMO corn hides under many different names, like "high fructose syrup." Going organic brings all kinds of benefits to the table, and you'll be happier and healthier in the long run. Switch to organic food today! I've been eating organic food for a few years now and I'm happier about the choices I make to eat.

#PGC2017 @turninggreenorg @sambazon #art #cute #watercolor #watercolorpainting #gmo #foodWars #organic #healthy

8h



omhagency #loveit

8h Reply



amadahuang_ Definitely going to make sure I avoid high fructose corn syrup and look out for organic foods!

 \bigcirc

C

8h Reply

Comment as eco.express...



- 🔀 🖸

Also, here is a version of just the poster. I used watercolors.

NV FO 0 0 0 3GARBS 1 Organic foods are fresher, because they contain no preservatives. J Eating organic reduces the amount of toxins in your body! J There are more nutrients in organic food! V Organic food strengthens your immune system and improves heart health. SWITCH TO ORGANIC TODAY! GMO: This carrot is too bright to be Natural : naturally grown This cannot has and is oversized a more natural color to it, and the roots are still attached ECDEXPRESS PGC

GMO's are one of my favorite environmental topics to talk about! Thank you for giving me this opportunity to spread the word to everyone I know.