

# Project Green Challenge



## GREENEST



Arianna + Zach

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Username: Two Teens on a Mission



Clean

# A little note to the reader:)...

I spilled coffee on my shirt this morning and thought this challenge would be the perfect opportunity to wash it out. Before today, when my cleaning methods were conventional, to wash my white tee I would put a small load in the washing machine. But, did you know an old fashion laundry machine (the one I have) uses 45 gallons per load?! That's absurd! Also my typical tide detergent is carcinogenic, leads to lung toxicity, and ranks an F on EWG's guide. I hope this DIY turns out well and my family can adopt this eco-friendlier alternative to using our old laundry machine. Also finding a DIY recipe was a bit tricky since my house was missing most of the common ingredients to detergent: borax, washing soda, and grated bar-soap. Wholefully's recipe, however, requires very basic house products (<http://wholefully.com/2014/08/04/homemade-borax-free-laundry-detergent/>)





**Salt**



**Baking Soda**



**Dr. Bronner's  
Castile Soap**




**Hot Water**



**My Coffee-  
stained Tank  
Top**





**After a lot of mixing, scrubbing, and rubbing I found my results to be very impressive...**





***BEFORE***



***AFTER***

**The detergent smelled like Peppermint due to Dr. Bronner's strong and healthy fragrance. I advise anyone planning on using this recipe to ensure all the soap is rinsed off before setting it out to dry. I will be using this in the future for light loads and you should too! #PGC2017**





ariannapahlavan



ariannapahlavan

21s

This morning I spilled coffee on my shirt while rushing to catch the bus... I was planning on throwing it in the wash when I got home. But, did you know each laundry load uses 45 gallons of water? Inclusively, the detergent I'd be using, Tide, is rated an F on Edw's guide! Basically, it's extremely bad for my health, your health, and our environment! I'm glad I read/watched PGC's educational resources for today's topic before wasting 45 gallons of water! I made my own DIY Homemade Borax-Free Laundry Detergent, a recipe from Wholefully.com. I encourage everyone to to try this quick and easy alternative!! Cleaning green is yet another sustainable practice we must adopt because our health and wellbeing should be our priority. Unfortunately, large corporations don't value this as much as they should, and thus we must work on becoming mindful consumers!! #livehealthy #livehappy #greenclean @turninggreenorg @drbranner



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13 SECONDS AGO



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Post