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School: University of Florida

## PGC: Day 21 *Clean*

### *Greener*

To start, I was excited to see this challenge because I have been in the process of finding greener alternatives for all the items I own, from personal hygiene products to cleaners to furniture. I have been going around my dorm and noting the items that I have and searching/buying greener alternative. Today's Greener challenge fits right into my own adventure of replacing the things I own and making them eco-friendlier. My personal, environmental goal right now is to lessen the amount of waste I produce. Therefore, I need to use products that are created with minimal to no environmental impact. I am trying to find and buy products that are made sustainably and can be re-purposed/recycled at the end of its lifespan. By doing that, I believe I will dramatically decrease the amount of waste that I put into the environment. Anyways, here is my contribution to today's Greener challenge (right now I am away from home so I took these pictures from online, however I made a list of everything I have in my dorm so I could continue finding sustainable alternatives of everything during my little vacation so I do have record of all the cleaning/ laundry products that I have!) :

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Product Brand and Name:

Lysol

Disinfecting Wipes, Ocean Fresh

Retail Price: \$6.02

Ingredients: Quote from Lysol's website  
"Kills 99.9% of viruses and bacteria\*,  
including 8 cold and flu viruses  
Cleans AND disinfects your household  
surfaces  
Safe to use on electronics including  
Smartphones, Tablets and Remote  
Controls"

Picture from: <http://www.lysol.com/products/see-all-products/lysol-disinfecting-wipes-ocean-fresh/>

Sustainable Alternative: Aunt Fannie's Cleaning Vinegar Wipes, Lavender



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- Ingredients: Rosemary Oil, Lavandin Oil, Eucalyptus Globulus, Orange Peel Oil, Peppermint Oil, Tasmanian Blue Gum Oil, Myristyl Glucoside, Vinegar
- Retail Price: \$7.99

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Product Brand and Name:

SC Johnson and Johnson: A Family Company

Fantastik Scrubbing Bubbles: Heavy Duty All Purpose Cleaner

Retail Price: \$3.27

Ingredients: From Johnson's website

Fragrance (2-phenoxyethyl isobutyrate; 2-t-butylcyclohexyl acetate; 3.alpha.,4,5,6,7,7.alpha.-hexahydro-4,7-methano-1h-indenyl propionate; benzyl acetate; dipropylene glycol; ethyl enantate; ethyl linalool; ethylene brassylate; geranyl acetate; methyl decenol), Water, Propylene Glycol, Alkyl Polyglycoside, Tetrasodium Iminodisuccinate, Sodium Hydroxide, c11-15 Sec-Pareth-12, Quaternary Ammonium Chlorides, C11-15 Pareth-7.



Pic from:

<https://www.walmart.com/ip/Scrubbing-Bubbles-Fantastik-A-B-Heavy-Duty-32oz/11027676>

Sustainable Alternative: AspenClean All Purpose Cleaner



- o Ingredients: Propanediol, Lavender Oil, Grapefruit Peel Oil, Coco-Glucoside, Decyl Glucoside, Sodium Gluconate, Water, Sodium Citrate, Sodium Carbonate, Potassium Citrate, Potassium Hydroxide, Citric Acid
- o Retail Price: \$7.99

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Product Brand and Name:

Procter and Gamble

Tide PODS Plus Febreze Sport Odor Defense

Retail Price: \$17.97

Ingredients: Cannot be found.

Pic From: [https://tide.com/en-](https://tide.com/en-us/shop/type/laundry-pods/tide-pods-laundry-detergent)

[us/shop/type/laundry-pods/tide-pods-laundry-detergent](https://tide.com/en-us/shop/type/laundry-pods/tide-pods-laundry-detergent)

- Sustainable Alternative: Common Good Laundry Detergent



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- Ingredients: Water, decyl glucoside, coconut acid, subtilisin enzyme blend, lactic acid, citric acid, amylase enzyme blend, lipase enzyme blend, potassium hydroxide.
- This brand has refill stations throughout this U.S. so that you can continue using the same bottle instead of buying a new one each time! Also the formula is biodegradable.
- Retail Price: \$16.99

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### Lysol Disinfecting Wipes:

- What is the product rating?
  - The product's rating is a D
- What are the top three ingredients and their individual ratings?
  - The top three ingredients include:
    - ALKYL DIMETHYL BENZYL AMMONIUM CHLORIDES (C12-16) which has a rating of F
    - MYRISTALKONIUM SACCHARINATE which has a rating of D
    - ALCOHOL DENATURED which has a rating of A
- What are three adverse health impacts that you learned about the product ingredients?
  - The only adverse health impacts listed for this product include: asthma irritation, respiratory effects, and a low concern for cancer.

### Scrubbing Bubbles:

- What is the product rating?
  - This product has a D rating.
- What are the top three ingredients and their individual ratings?
  - The top three ingredients are ALKYL DIMETHYL BENZYL AMMONIUM CHLORIDE (C14 60%, C16 30%, C12 5%, C18 5%) , ALKYL DIMETHYL ETHYLBENZYL AMMONIUM CHLORIDE (C12-14), and ALCOHOL ETHOXYLATES. All three of those ingredients have an individual rating of D.
- What are three adverse health impacts that you learned about the product ingredients?
  - Three adverse health impacts from this product include: respiratory effects, cancer, and skin irritation!

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Tide PODS:

- My specific product is not listed however most TIDE POD products receive a rating of F.

Overall, I am definitely making the switch to these new products and I will definitely recommend it to my friends. Not only are these products healthier for the environment but they are also much healthier for our own bodies! (And some products, like the detergent, are even cheaper too)! I am excited to use green products and lessen my impact on the environment ☺.



**Kassidy House** added 2 new photos.

Just now · 🔒 ▼

Hey Guys! So here I created a comparison between two different laundry products. If you take a look at them, one is eco-friendly, biodegradable, and reusable and the other has none of those qualities and is more expensive. (hint hint if you're looking to buy a new laundry detergent I know just the product for you 😊) Today, I've done a lot of research into conventional cleaning products and the ingredients they contain. I've learned that many popular brands contain harmful ingredients! It is sadly common to see ingredients that cause allergies or are skin irritants. In fact, some well known brands even contain carcinogens! So my advice is, before you buy, just check out the ingredients first 😊



Product Brand and Name:

Procter and Gamble

Tide PODS Plus Febreze Sport Odor Defense

Retail Price: \$17.97

Ingredients: Cannot be found.

Pic From: [https://tide.com/en-](https://tide.com/en-us/shop/type/laundry-pods/tide-pods-laundry-detergent)

[us/shop/type/laundry-pods/tide-pods-laundry-detergent](https://tide.com/en-us/shop/type/laundry-pods/tide-pods-laundry-detergent)

- Sustainable Alternative: Common Good Laundry Detergent



○

○ Ingredients: Water, decyl glucoside, coconut acid, subtilisin

enzyme blend, lactic acid, citric acid, amylase enzyme blend, lipase

👍 Like

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