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Day 21 Greener

Due to a fire and smoke, I did not get a chance to take pictures of my cleaning supplies today so below are images of the cleaning supplies I have in my dorm.



All Laundry Pods Free and Clear

Dryer Ball (local Farmer's market)

Green Works

Tide Laundry Pods

Bounce Dryer Sheets

Dr. Bronner's Castille Soap (Lavender)

Product: Tide Pods Free and Gentle

Three Ingredients:

- Ethanolamine- (F) Effects respiration, nervous system and organs. Water toxicity, skin irritation/allergen
- Disodium distyrylbiphenyl disulfonate- (D) biodegradation
- Linear Alkylbenzene Sulfonates-(D) aquatic toxicity, skin irritant, allergen

Overall moderate asthma concern, some environmental concern, and some skin irritation/allergen concern.

Alternative:

Seventh Generation Natural Laundry Detergent Packs, Free & Clear
\$11.59 for 45pcts.



LAURETH-6, (C) SODIUM LAURYL SULFATE, (C) INULIN, CARBOXYMETHYL ETHER, SODIUM SALT © ZEOLITES, NAA (C)SODIUM SILICOALUMINATE (B) SODIUM SILICATE (B) CELLULOSE GUM (B) PROTEASE (B) AMYLASE (B) ANNANASE (B) SUBTILISIN (B) AMYLASE, ALPHA- (B) BETA-MANNANASE (B) SODIUM BICARBONATE (A) SODIUM CARBONATE (A) SODIUM CHLORIDE (A) SODIUM CITRATE (A) SODIUM CARBONATE PEROXIDE, (A)COCOS NUCIFERA (COCONUT) OIL, (A) MAGNESIUM SULFATE

Simply Co. Laundry Detergent \$20 32oz



Baking soda, washing soda, and Organic Vegan castile soap (+ Organic essential oils)

And zero waste!!

Comparison:

Clean Green: Think before you use

Simply Co Laundry Detergent
 \$20 for 32oz (about 60 loads)
 All ingredients: Baking soda, washing soda, and Organic Vegan castile soap (+ Organic essential oils)



Tide Laundry Pods (D)
 \$17.99 for 72 packs
 3 ingredients

1. Ethanolamine- (F) Effects respiration, nervous system and organs. Water toxicity, skin irritation/allergen
2. Sodium dodecylbenzenesulfonate- (D) biodegradation
3. Linear Alkylbenzene Sulfonates- (D) aquatic toxicity, skin irritant, allergen




I think I will make this change. I have been wondering about the impact of using pods on the environment. I don't want to contribute to the pollution of water when there are such easy solutions to change my impact. I will also be suggesting it to my friends. Many of us use Tide or All pods because they seem so easy for college. I will be trying to convince them to switch for health benefits to themselves and the environment.

Ilana Fay
 Just now · 🌐 · ▼

Day 21 Clean

Did you know there is no federal law requiring cleaning products to list their ingredients? Many ingredients in our cleaning products have negative impacts on our health and the environment! Consider looking into the ingredients before you buy. Check out <http://www.ewg.org/guides/cleaners#.Wewl1tenHIU> to search your brand and find others. Here is my comparison: Turning Green #PGC2017



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